1  
00:00:03,560 --> 00:00:03,800  
好  
  
2  
00:00:03,840 --> 00:00:05,800  
各位同学们啊  
  
3  
00:00:06,760 --> 00:00:08,240  
我们接着聊  
  
4  
00:00:09,970 --> 00:00:11,090  
呃，往后啊  
  
5  
00:00:11,130 --> 00:00:14,170  
接着我们这个这个择其重点啊  
  
6  
00:00:14,250 --> 00:00:18,540  
那么我们再把脏腑经络先后啊  
  
7  
00:00:18,540 --> 00:00:22,660  
这一篇里面比较重要的章节啊  
  
8  
00:00:22,660 --> 00:00:24,540  
给大家一一的列举  
  
9  
00:00:25,610 --> 00:00:26,690  
呃，这块呢  
  
10  
00:00:27,210 --> 00:00:29,730  
底下呃说这么一事，儿啊  
  
11  
00:00:30,570 --> 00:00:31,050  
诗曰  
  
12  
00:00:32,600 --> 00:00:36,040  
病人羽生既然喜惊呼者，骨皆兼并  
  
13  
00:00:37,030 --> 00:00:39,630  
呃，这个其实就是我们在临床中见的比较多了  
  
14  
00:00:39,710 --> 00:00:41,750  
患者呢，什么叫叫叫叫  
  
15  
00:00:41,750 --> 00:00:43,630  
这个与生，既然啊  
  
16  
00:00:44,300 --> 00:00:44,500  
哎  
  
17  
00:00:44,700 --> 00:00:47,020  
愁眉苦脸，一坐不吱声之后  
  
18  
00:00:47,300 --> 00:00:48,740  
哎呀，就这就这么一下啊  
  
19  
00:00:48,740 --> 00:00:49,780  
咱打打个比方吧  
  
20  
00:00:50,320 --> 00:00:51,800  
呃，呼啸哥哭声啊  
  
21  
00:00:51,800 --> 00:00:52,960  
就喊这么一声啊  
  
22  
00:00:52,960 --> 00:00:53,600  
呼嘛，对吧  
  
23  
00:00:53,840 --> 00:00:55,640  
这个我们在临床上遇到很多啊  
  
24  
00:00:55,640 --> 00:00:57,240  
包括他没有这个的  
  
25  
00:00:57,640 --> 00:01:00,860  
他就是就真是肝气发动的时候啊  
  
26  
00:01:01,380 --> 00:01:03,580  
有这个肝肝气，呃  
  
27  
00:01:03,740 --> 00:01:05,140  
有问题出现了逆乱  
  
28  
00:01:05,140 --> 00:01:08,380  
他也真是喊我门诊上那部大  
  
29  
00:01:08,500 --> 00:01:09,900  
呃得上个月了吧  
  
30  
00:01:09,900 --> 00:01:10,740  
有小孩对吧  
  
31  
00:01:10,740 --> 00:01:11,860  
来一大卖  
  
32  
00:01:12,020 --> 00:01:13,460  
我们同学有的还有印象  
  
33  
00:01:13,740 --> 00:01:14,780  
我当时就跟他爸说  
  
34  
00:01:14,780 --> 00:01:15,180  
我说，哎  
  
35  
00:01:15,540 --> 00:01:17,700  
你家小孩晚上不睡觉  
  
36  
00:01:17,700 --> 00:01:21,130  
半夜一点前后总喊吧  
  
37  
00:01:21,650 --> 00:01:22,170  
他说，对  
  
38  
00:01:22,170 --> 00:01:22,890  
是是这么个事  
  
39  
00:01:22,890 --> 00:01:23,290  
儿大夫  
  
40  
00:01:23,570 --> 00:01:24,330  
那从哪来  
  
41  
00:01:24,330 --> 00:01:25,370  
从肝来，对吧  
  
42  
00:01:25,870 --> 00:01:27,910  
麦里头有有那个东西，那么肝  
  
43  
00:01:28,390 --> 00:01:31,960  
其生在乎骨节兼并这块说的是什么呢  
  
44  
00:01:31,960 --> 00:01:32,920  
那么有住家呢  
  
45  
00:01:32,920 --> 00:01:34,200  
从这个呼来说啊  
  
46  
00:01:34,600 --> 00:01:36,040  
他就说一个事  
  
47  
00:01:36,370 --> 00:01:38,730  
说那个筋不是在骨节之间嘛  
  
48  
00:01:38,730 --> 00:01:38,970  
对吧  
  
49  
00:01:39,370 --> 00:01:41,130  
那么宗筋之所具，呃  
  
50  
00:01:41,290 --> 00:01:43,530  
那么呼啸歌壶身肝合于今  
  
51  
00:01:43,910 --> 00:01:44,710  
那么今有病  
  
52  
00:01:44,830 --> 00:01:46,910  
那那那那，他一定就是虎  
  
53  
00:01:47,230 --> 00:01:49,910  
呃，但是这块有一个好玩的事啊  
  
54  
00:01:49,910 --> 00:01:51,950  
就是为啥他不说是金病呢  
  
55  
00:01:52,540 --> 00:01:53,900  
他为啥要叫骨节肩呢  
  
56  
00:01:53,900 --> 00:01:54,780  
我在这儿想啊  
  
57  
00:01:55,060 --> 00:01:57,540  
骨节肩比筋可能它的范围要大  
  
58  
00:01:58,010 --> 00:01:58,650  
他在这儿呢  
  
59  
00:01:58,650 --> 00:02:01,010  
很可能说的是风湿  
  
60  
00:02:01,090 --> 00:02:03,260  
类风湿，关节炎等等  
  
61  
00:02:03,740 --> 00:02:03,940  
呃  
  
62  
00:02:04,260 --> 00:02:05,740  
这种患者的特点呢  
  
63  
00:02:05,740 --> 00:02:08,190  
就是平时他的疼痛吧  
  
64  
00:02:08,229 --> 00:02:09,229  
其实也没点啊  
  
65  
00:02:09,789 --> 00:02:11,270  
有的时候你问他啥时候疼  
  
66  
00:02:11,760 --> 00:02:13,120  
他说了可能每天下午啊  
  
67  
00:02:13,120 --> 00:02:17,480  
或者每天晚上或者有时候一问说一直都疼啊，对吧  
  
68  
00:02:18,030 --> 00:02:19,630  
但是断断续续啊  
  
69  
00:02:19,950 --> 00:02:22,070  
那么这个就是你通过他的这个  
  
70  
00:02:22,400 --> 00:02:24,640  
因为古人他也没有检验方法啊  
  
71  
00:02:24,640 --> 00:02:26,320  
去给你查一个抗O对吧  
  
72  
00:02:26,600 --> 00:02:27,880  
风湿因子，呃  
  
73  
00:02:28,000 --> 00:02:29,920  
从这个上头来推敲啊  
  
74  
00:02:31,240 --> 00:02:31,440  
呃  
  
75  
00:02:33,640 --> 00:02:36,760  
雨声黯然不撤者啊  
  
76  
00:02:38,230 --> 00:02:39,310  
这就是什么意思啊  
  
77  
00:02:39,310 --> 00:02:41,390  
性格兼并就是说说话呢  
  
78  
00:02:41,750 --> 00:02:42,990  
你就不透脸对吧  
  
79  
00:02:43,710 --> 00:02:45,470  
呃，很很低微啊  
  
80  
00:02:45,470 --> 00:02:49,450  
很很就是就是憋到里头啊  
  
81  
00:02:49,450 --> 00:02:50,330  
说话不透亮  
  
82  
00:02:50,690 --> 00:02:51,530  
告诉你为什么  
  
83  
00:02:51,530 --> 00:02:53,050  
那么因为人发声啊  
  
84  
00:02:53,870 --> 00:02:57,390  
为这个这个出生从哪啊  
  
85  
00:02:57,390 --> 00:02:58,990  
从从这个心肺之间啊  
  
86  
00:02:59,390 --> 00:03:00,510  
这个共振对吧  
  
87  
00:03:01,310 --> 00:03:03,740  
呃，那么就这有毛病啊  
  
88  
00:03:05,230 --> 00:03:06,870  
呃，啾啾然而细长  
  
89  
00:03:07,070 --> 00:03:08,870  
关于这个解释有很多啊  
  
90  
00:03:09,340 --> 00:03:13,140  
那么比如说有人认为是像小孩一样的说话，小孩呢  
  
91  
00:03:13,700 --> 00:03:16,480  
那么说话类同于女子对吧  
  
92  
00:03:17,040 --> 00:03:19,800  
哪怕小小子说话也就像女孩，呃  
  
93  
00:03:19,880 --> 00:03:20,360  
细长  
  
94  
00:03:22,920 --> 00:03:24,600  
头中病为啥这样  
  
95  
00:03:24,600 --> 00:03:26,160  
因为头疼不敢大声  
  
96  
00:03:26,720 --> 00:03:29,920  
一大声之后用东北人话就是脑袋  
  
97  
00:03:30,670 --> 00:03:32,550  
脑袋瓜震得嗡嗡的是吧  
  
98  
00:03:32,630 --> 00:03:33,190  
就这样  
  
99  
00:03:33,480 --> 00:03:34,480  
呃，确实啊  
  
100  
00:03:34,520 --> 00:03:38,080  
这个在门诊上你看一些比如说脑胶质瘤的患者  
  
101  
00:03:38,400 --> 00:03:41,220  
他说话不敢，声音很大啊  
  
102  
00:03:41,220 --> 00:03:42,180  
他说话不敢声音大  
  
103  
00:03:42,180 --> 00:03:43,980  
他他擎着擎着那个劲儿啊  
  
104  
00:03:45,580 --> 00:03:46,620  
呃，后头啊  
  
105  
00:03:47,460 --> 00:03:49,220  
戏遥间者心中奸啊  
  
106  
00:03:49,220 --> 00:03:51,750  
就是指这个一喘气啊  
  
107  
00:03:51,750 --> 00:03:55,110  
这肩膀他他他老是这么抖啊  
  
108  
00:03:55,110 --> 00:03:58,110  
他说的是心中坚，肩指什么啊  
  
109  
00:03:58,230 --> 00:03:59,430  
气机之不畅啊  
  
110  
00:04:01,630 --> 00:04:03,990  
气机不畅，它就动动外头对吧  
  
111  
00:04:05,750 --> 00:04:06,070  
呃  
  
112  
00:04:07,860 --> 00:04:09,420  
引胸中上气啊  
  
113  
00:04:09,460 --> 00:04:10,340  
一一喘气呢  
  
114  
00:04:10,340 --> 00:04:12,530  
他就这个就往上拔气啊  
  
115  
00:04:12,530 --> 00:04:14,010  
这样的人，你看他现在不咳嗽  
  
116  
00:04:14,010 --> 00:04:14,610  
你问他啊  
  
117  
00:04:14,810 --> 00:04:15,650  
你回家咳不咳  
  
118  
00:04:15,650 --> 00:04:16,290  
准准咳  
  
119  
00:04:16,610 --> 00:04:17,170  
为啥呀  
  
120  
00:04:17,560 --> 00:04:18,360  
吸入肝与肾  
  
121  
00:04:18,600 --> 00:04:19,959  
呼出心与肺啊  
  
122  
00:04:21,440 --> 00:04:22,720  
呃，这都是一些技巧  
  
123  
00:04:24,520 --> 00:04:25,640  
底下这个厉害了啊  
  
124  
00:04:25,640 --> 00:04:26,760  
告诉你，张口短气  
  
125  
00:04:27,160 --> 00:04:31,560  
你看到就是我们金匮有一个特别重要的概念，叫肺痿啊  
  
126  
00:04:31,840 --> 00:04:33,040  
但是肺痿啥样  
  
127  
00:04:33,580 --> 00:04:36,980  
这个你单从脉证上其实辨别起来不容易啊  
  
128  
00:04:36,980 --> 00:04:37,500  
不容易  
  
129  
00:04:37,700 --> 00:04:40,100  
但它会有一个特征，喘气的时候  
  
130  
00:04:40,630 --> 00:04:43,110  
这个张口短气我不想模仿啊  
  
131  
00:04:43,110 --> 00:04:45,830  
你自己去脑补，就是张着嘴  
  
132  
00:04:46,670 --> 00:04:47,830  
为啥嘴合不上啊  
  
133  
00:04:47,830 --> 00:04:51,630  
张着嘴呼吸频率非常快，吸不下去  
  
134  
00:04:52,190 --> 00:04:53,030  
肺痿是什么  
  
135  
00:04:53,350 --> 00:04:56,000  
这个肺脏啊，痿弱啊  
  
136  
00:04:56,000 --> 00:04:58,680  
用我们今天的比较形象的话来说呢  
  
137  
00:04:59,000 --> 00:05:01,040  
那你你你看他整个肺脏呢  
  
138  
00:05:01,560 --> 00:05:01,840  
呃  
  
139  
00:05:03,070 --> 00:05:06,710  
他就按照我们今天西医我我不能我西医学的不好啊  
  
140  
00:05:06,710 --> 00:05:08,550  
我不能很准确的描述这个事  
  
141  
00:05:08,910 --> 00:05:10,870  
反正就是他的肺脏啊  
  
142  
00:05:11,390 --> 00:05:13,920  
呃萎肺性的这个疾病，对吧  
  
143  
00:05:14,600 --> 00:05:14,800  
唉  
  
144  
00:05:14,880 --> 00:05:16,440  
肺叶呢，它它也不充盈  
  
145  
00:05:16,760 --> 00:05:18,040  
那这时候它都不够用  
  
146  
00:05:18,320 --> 00:05:19,120  
不够用怎么办  
  
147  
00:05:19,120 --> 00:05:22,400  
那就加快这个频率，代偿性的工作啊  
  
148  
00:05:23,490 --> 00:05:24,410  
这都是一些技巧  
  
149  
00:05:24,970 --> 00:05:28,130  
呃，就是而且废伪证它有一个特别好玩的事啊  
  
150  
00:05:28,530 --> 00:05:30,610  
废伪证他会唾沫特别多  
  
151  
00:05:31,820 --> 00:05:34,660  
咱们说那个伤寒论里头有唾沫多的对吧  
  
152  
00:05:35,180 --> 00:05:37,700  
喜拓久不了疗者，那为啥胸上有寒  
  
153  
00:05:38,180 --> 00:05:40,970  
那么胸上寒寒到一定程度的肺痿了啊  
  
154  
00:05:41,010 --> 00:05:42,930  
这个到我们那个狒狒费用  
  
155  
00:05:42,930 --> 00:05:45,730  
咳嗽上气脉证到那儿的时候  
  
156  
00:05:45,730 --> 00:05:47,490  
我们会细的细给大家讲  
  
157  
00:05:48,970 --> 00:05:49,170  
呃  
  
158  
00:05:49,850 --> 00:05:51,770  
下头说了一段啊  
  
159  
00:05:52,330 --> 00:05:55,190  
是用这个呼吸来这个  
  
160  
00:05:55,470 --> 00:05:56,550  
这不都是门诊吗  
  
161  
00:05:56,550 --> 00:05:58,630  
就是你你你你听这声对吧  
  
162  
00:05:58,630 --> 00:06:01,030  
用呼吸来揣测这个疾病  
  
163  
00:06:01,790 --> 00:06:05,350  
呃，底下这块说细而微硕  
  
164  
00:06:06,470 --> 00:06:07,470  
在中焦实  
  
165  
00:06:07,950 --> 00:06:09,270  
但是这个我认为吧  
  
166  
00:06:09,740 --> 00:06:10,580  
金匮要略之中  
  
167  
00:06:10,620 --> 00:06:13,380  
其实我个人理解仲景之方的应用  
  
168  
00:06:13,700 --> 00:06:16,340  
我个人还是遵循古人的训诫啊  
  
169  
00:06:16,760 --> 00:06:16,960  
呃  
  
170  
00:06:17,000 --> 00:06:19,360  
色脉者，上帝师之所贵先机  
  
171  
00:06:19,520 --> 00:06:21,720  
先师之所传察其先机  
  
172  
00:06:22,160 --> 00:06:24,040  
呃，我重先机而轻后机  
  
173  
00:06:24,040 --> 00:06:27,080  
这是我个人的可能是特点也是缺点啊  
  
174  
00:06:27,590 --> 00:06:30,590  
那么有很多细节性的东西我不太在意  
  
175  
00:06:30,950 --> 00:06:31,390  
为啥  
  
176  
00:06:31,630 --> 00:06:33,030  
因为你现在是这样  
  
177  
00:06:33,340 --> 00:06:34,940  
你先机我给你归正过来了  
  
178  
00:06:34,940 --> 00:06:36,940  
你的后基必然要跟着先机变  
  
179  
00:06:37,270 --> 00:06:38,470  
我是这么解决问题  
  
180  
00:06:38,630 --> 00:06:39,150  
打个比方  
  
181  
00:06:39,150 --> 00:06:41,790  
就像你这小区吧，或者这街道有点问题  
  
182  
00:06:42,030 --> 00:06:43,270  
我不跟你聊这事  
  
183  
00:06:43,550 --> 00:06:47,410  
我直接找你的相应的这个这个这个这个  
  
184  
00:06:47,570 --> 00:06:49,090  
比如说看是咋回事  
  
185  
00:06:49,210 --> 00:06:50,170  
园林部门对吧  
  
186  
00:06:50,170 --> 00:06:51,930  
或者街道部门，我直接找你上头  
  
187  
00:06:52,580 --> 00:06:55,980  
呃你你这个出问题了，对吧  
  
188  
00:06:55,980 --> 00:06:58,340  
你把它搞明白我，我不管你怎么弄  
  
189  
00:06:58,940 --> 00:07:00,540  
我治病是这个这个特点  
  
190  
00:07:01,020 --> 00:07:02,420  
呃，所以这些细节呢  
  
191  
00:07:02,420 --> 00:07:03,460  
我们作为参考  
  
192  
00:07:03,460 --> 00:07:05,060  
你不要说，呃过度  
  
193  
00:07:05,380 --> 00:07:06,740  
我就执迷在这上头啊  
  
194  
00:07:06,980 --> 00:07:07,820  
为啥这么说  
  
195  
00:07:08,020 --> 00:07:12,130  
有的时候变化他更多  
  
196  
00:07:12,170 --> 00:07:13,450  
而且你有时候跟不上啊  
  
197  
00:07:13,730 --> 00:07:15,010  
抓他的大大象  
  
198  
00:07:15,210 --> 00:07:18,900  
就像我刚才讲的，色脉这一层面的东西是是特别主要的  
  
199  
00:07:19,100 --> 00:07:21,420  
你把气色层面都是你把它抠深了  
  
200  
00:07:22,300 --> 00:07:25,020  
就如势如破竹，把上层东西搞明白  
  
201  
00:07:25,020 --> 00:07:26,180  
下层东西你也都会了  
  
202  
00:07:26,340 --> 00:07:29,850  
但是作为金匮要略我们万世之方书  
  
203  
00:07:30,090 --> 00:07:32,410  
我也必须要讲这个东西，不讲不行对吧  
  
204  
00:07:32,610 --> 00:07:33,610  
也要给你捋一捋  
  
205  
00:07:34,290 --> 00:07:36,050  
那这些东西相对来说就是末节  
  
206  
00:07:36,500 --> 00:07:39,780  
那你说中焦啥叫中焦石不就是阳明辅正嘛，对吧  
  
207  
00:07:40,100 --> 00:07:42,020  
他他能能不喘吗  
  
208  
00:07:42,100 --> 00:07:44,660  
他因为里头有有石像有热啊，对吧  
  
209  
00:07:45,300 --> 00:07:47,060  
你看金匮要略也是啊  
  
210  
00:07:47,100 --> 00:07:48,420  
喘冒不得卧啊  
  
211  
00:07:48,700 --> 00:07:49,180  
伤寒论啊  
  
212  
00:07:49,260 --> 00:07:51,460  
喘冒不得沃跟这个一模一样  
  
213  
00:07:52,580 --> 00:07:53,900  
那就应该攻下啊  
  
214  
00:07:54,060 --> 00:07:55,420  
那么虚者不治啥意思  
  
215  
00:07:55,420 --> 00:07:56,340  
那这个是真的啊  
  
216  
00:07:56,940 --> 00:07:57,860  
那如果一摸  
  
217  
00:07:57,860 --> 00:07:58,620  
哎，坏了脉虚  
  
218  
00:07:59,060 --> 00:08:01,610  
这个呼吸喘促啊  
  
219  
00:08:01,610 --> 00:08:02,370  
是一个石像  
  
220  
00:08:03,020 --> 00:08:04,740  
大实之证，有大虚之脉  
  
221  
00:08:05,060 --> 00:08:05,940  
说明脉证不符  
  
222  
00:08:05,940 --> 00:08:07,980  
这个在临床上我们不说，天天都有  
  
223  
00:08:07,980 --> 00:08:08,380  
对吧  
  
224  
00:08:08,690 --> 00:08:10,650  
我经常动不动我就跟我学生说，哎  
  
225  
00:08:10,730 --> 00:08:12,330  
这个脉证不符，患者听不懂  
  
226  
00:08:12,890 --> 00:08:15,810  
这我当着患者面说我说这个脉证不符，你们注意啊  
  
227  
00:08:16,470 --> 00:08:17,310  
经常这么说  
  
228  
00:08:17,880 --> 00:08:18,080  
呃  
  
229  
00:08:18,320 --> 00:08:19,600  
除非患者学中医的  
  
230  
00:08:19,720 --> 00:08:20,960  
但这种几率不多  
  
231  
00:08:21,440 --> 00:08:22,760  
呃，患者听不懂  
  
232  
00:08:22,760 --> 00:08:23,080  
没事  
  
233  
00:08:23,080 --> 00:08:26,030  
我这么一说，为啥让学生也来看看啊  
  
234  
00:08:26,190 --> 00:08:27,550  
你看这么一个大师之象  
  
235  
00:08:27,750 --> 00:08:27,950  
哎  
  
236  
00:08:28,150 --> 00:08:30,350  
这个麦是大虚之象，注意了啊  
  
237  
00:08:30,350 --> 00:08:31,590  
可能要出问题啊  
  
238  
00:08:33,650 --> 00:08:33,850  
呃  
  
239  
00:08:34,370 --> 00:08:37,570  
上焦者息促下焦者息远，这个有意思啊  
  
240  
00:08:38,090 --> 00:08:39,610  
就是心与肺，肝与肾的意思  
  
241  
00:08:39,610 --> 00:08:41,630  
他讲的还是一个生理啊  
  
242  
00:08:41,990 --> 00:08:42,549  
下焦病  
  
243  
00:08:42,590 --> 00:08:43,390  
肝肾病，对吧  
  
244  
00:08:43,710 --> 00:08:43,909  
哎  
  
245  
00:08:43,909 --> 00:08:46,670  
那么他的这个呼吸啊，就比比较远  
  
246  
00:08:47,630 --> 00:08:48,270  
此皆难治  
  
247  
00:08:49,670 --> 00:08:53,450  
呃呃，呼吸动摇振振啊  
  
248  
00:08:53,450 --> 00:08:59,040  
那这就讲他的呼吸已经不能很正常的这个呼吸了  
  
249  
00:08:59,040 --> 00:09:04,100  
这种时候你你就要对患者有预见啊  
  
250  
00:09:04,140 --> 00:09:06,740  
你需要对家属要一些事要讲清楚  
  
251  
00:09:08,150 --> 00:09:09,390  
呃，下头这个呢  
  
252  
00:09:09,390 --> 00:09:11,430  
我个人是特别重视的啊  
  
253  
00:09:11,430 --> 00:09:14,910  
就第七条，誓约送口脉动他这说一事啊  
  
254  
00:09:15,540 --> 00:09:20,140  
因其旺食而动，他是说假令肝色青四时各随其策  
  
255  
00:09:20,180 --> 00:09:21,380  
底下这句话特别重要  
  
256  
00:09:21,780 --> 00:09:23,020  
干涩清而反色白  
  
257  
00:09:23,370 --> 00:09:24,770  
那这说的是啥呀  
  
258  
00:09:24,770 --> 00:09:27,770  
很多人绕蒙了，说那是干色为青色  
  
259  
00:09:27,770 --> 00:09:28,090  
对吧  
  
260  
00:09:28,410 --> 00:09:29,530  
那咋就色白了呢  
  
261  
00:09:32,160 --> 00:09:33,560  
两层含义，我个人认为啊  
  
262  
00:09:34,320 --> 00:09:34,840  
第一层  
  
263  
00:09:35,960 --> 00:09:36,160  
呃  
  
264  
00:09:36,160 --> 00:09:38,520  
我们刚才是不是说有一个就飞起飞时啊  
  
265  
00:09:38,520 --> 00:09:38,880  
对吧  
  
266  
00:09:39,200 --> 00:09:40,640  
颜色飞实，那啥叫飞实  
  
267  
00:09:40,800 --> 00:09:41,760  
这说的就是这事  
  
268  
00:09:42,440 --> 00:09:44,980  
比方说现在已经入秋了啊  
  
269  
00:09:44,980 --> 00:09:45,700  
已经入秋了  
  
270  
00:09:46,100 --> 00:09:48,060  
秋色呢，应该是白色  
  
271  
00:09:49,030 --> 00:09:49,550  
你比如说我  
  
272  
00:09:49,550 --> 00:09:53,510  
我刚刚看到一位我的一位一位老先生啊  
  
273  
00:09:53,830 --> 00:09:54,430  
我一看，哎  
  
274  
00:09:54,430 --> 00:09:54,870  
我跟他说  
  
275  
00:09:54,870 --> 00:09:56,760  
我说您老人家，呃  
  
276  
00:09:56,760 --> 00:09:58,240  
这两天注意点睡眠啊  
  
277  
00:09:58,640 --> 00:10:01,280  
吃点这个精神去丸吃一周就好，唉  
  
278  
00:10:01,280 --> 00:10:03,990  
老爷子一说一说，最近确实是啊  
  
279  
00:10:03,990 --> 00:10:05,630  
较少，我这不怨您  
  
280  
00:10:06,140 --> 00:10:07,220  
其实言下之意我没说  
  
281  
00:10:07,220 --> 00:10:09,700  
我说您这顺正不是逆症啊  
  
282  
00:10:09,900 --> 00:10:10,660  
这是一个顺证  
  
283  
00:10:10,940 --> 00:10:11,820  
为什么是顺正  
  
284  
00:10:13,170 --> 00:10:15,570  
现白色没问题，对吧  
  
285  
00:10:15,930 --> 00:10:16,330  
秋色  
  
286  
00:10:16,650 --> 00:10:20,250  
但是太过，太过就说明什么气血之不盈  
  
287  
00:10:21,660 --> 00:10:24,510  
那我们就用刚才那个，我不细说了  
  
288  
00:10:24,510 --> 00:10:25,790  
刚才我都讲了啊  
  
289  
00:10:25,990 --> 00:10:26,550  
怎么弄啊  
  
290  
00:10:26,830 --> 00:10:27,790  
就把它弄过来了吧  
  
291  
00:10:28,470 --> 00:10:28,670  
哎  
  
292  
00:10:29,110 --> 00:10:31,190  
弄过来之后，但有一个问题啊  
  
293  
00:10:32,700 --> 00:10:34,620  
呃，咱们换一个话来说  
  
294  
00:10:34,620 --> 00:10:37,060  
比如说还是这个丘陵之时  
  
295  
00:10:38,160 --> 00:10:39,440  
哎呀，这个在过去啊  
  
296  
00:10:39,640 --> 00:10:41,040  
真的我们讲的不多啊  
  
297  
00:10:41,040 --> 00:10:43,240  
但在这一讲就讲出来了  
  
298  
00:10:43,790 --> 00:10:45,230  
呃，非实质色  
  
299  
00:10:46,070 --> 00:10:48,470  
比如它现一个青色  
  
300  
00:10:49,680 --> 00:10:50,800  
这是问题了  
  
301  
00:10:52,950 --> 00:10:53,870  
为啥是问题啊  
  
302  
00:10:54,590 --> 00:10:56,790  
那么现在金旗当旺  
  
303  
00:10:59,020 --> 00:11:03,620  
你见着青涩坏了，是这道理吧  
  
304  
00:11:04,220 --> 00:11:04,500  
哎  
  
305  
00:11:05,000 --> 00:11:05,800  
你应该克制他  
  
306  
00:11:05,800 --> 00:11:06,480  
你压不住他  
  
307  
00:11:06,480 --> 00:11:07,560  
这个时候你都压不住  
  
308  
00:11:07,960 --> 00:11:10,360  
那到某个时候那不得上天啊  
  
309  
00:11:10,840 --> 00:11:11,760  
就说这道理啊  
  
310  
00:11:13,260 --> 00:11:13,460  
嗯  
  
311  
00:11:13,980 --> 00:11:14,660  
讲的就是这事  
  
312  
00:11:14,660 --> 00:11:15,340  
这是第一啊  
  
313  
00:11:16,180 --> 00:11:17,300  
第二还有一技巧啊  
  
314  
00:11:17,620 --> 00:11:18,620  
这是诊脉的技巧  
  
315  
00:11:19,100 --> 00:11:20,500  
你见这个脉是弦脉  
  
316  
00:11:21,550 --> 00:11:23,230  
它的色也当是青色  
  
317  
00:11:23,230 --> 00:11:25,310  
我打一个比方是这道理吧  
  
318  
00:11:25,590 --> 00:11:27,670  
比如现在是卖毛啊  
  
319  
00:11:27,670 --> 00:11:31,150  
你一摸摸啊，麦是毛发毛毛是啥意思  
  
320  
00:11:31,150 --> 00:11:31,950  
就是浮嘛，对吧  
  
321  
00:11:32,030 --> 00:11:33,470  
你摸着浮在上头  
  
322  
00:11:34,510 --> 00:11:38,150  
一大眼红色坏了，什么意思  
  
323  
00:11:38,710 --> 00:11:39,310  
不符了吧  
  
324  
00:11:40,190 --> 00:11:40,390  
哎  
  
325  
00:11:40,510 --> 00:11:41,550  
愚者方子啊  
  
326  
00:11:41,550 --> 00:11:42,950  
我这今天说的最多的话  
  
327  
00:11:43,550 --> 00:11:44,990  
给大家就举这个例子啊  
  
328  
00:11:44,990 --> 00:11:45,670  
说这个事  
  
329  
00:11:48,620 --> 00:11:50,860  
好往下看啊，未约  
  
330  
00:11:52,070 --> 00:11:52,270  
呃  
  
331  
00:11:52,350 --> 00:11:53,590  
为之而治之而不至  
  
332  
00:11:53,590 --> 00:11:55,790  
知而不去治而太过这块  
  
333  
00:11:55,790 --> 00:11:58,050  
其实我还是那原则啊，呃  
  
334  
00:11:58,090 --> 00:11:59,130  
时间关系呃  
  
335  
00:11:59,250 --> 00:12:00,890  
能看懂的我不解释啊  
  
336  
00:12:01,490 --> 00:12:02,210  
什么意思呢  
  
337  
00:12:02,890 --> 00:12:05,010  
其实他说的是一个气候的问题啊  
  
338  
00:12:05,050 --> 00:12:06,890  
气候的问题，呃  
  
339  
00:12:07,290 --> 00:12:08,530  
他给我们举了个例子啊  
  
340  
00:12:08,570 --> 00:12:11,040  
冬至之后，甲子夜半少阳起  
  
341  
00:12:11,080 --> 00:12:11,680  
什么意思呢  
  
342  
00:12:11,680 --> 00:12:15,120  
我们中国人认为冬至的时候益阳生发  
  
343  
00:12:15,600 --> 00:12:16,560  
这时候阳气  
  
344  
00:12:17,200 --> 00:12:17,400  
呃  
  
345  
00:12:17,720 --> 00:12:18,480  
有句老话  
  
346  
00:12:18,480 --> 00:12:20,720  
就夏至的时候，阳气其实最弱的  
  
347  
00:12:20,720 --> 00:12:21,120  
为什么  
  
348  
00:12:21,320 --> 00:12:23,040  
因为这时候一天比一天冷  
  
349  
00:12:23,710 --> 00:12:25,110  
到冬至的时候，反之  
  
350  
00:12:25,390 --> 00:12:25,990  
怎么样呢  
  
351  
00:12:26,390 --> 00:12:28,510  
一天比一天暖和啊  
  
352  
00:12:28,840 --> 00:12:30,000  
那冬至一定是这样的  
  
353  
00:12:30,000 --> 00:12:30,880  
一天比一天暖和  
  
354  
00:12:31,080 --> 00:12:32,960  
那么这个暖和的生发之气是谁  
  
355  
00:12:32,960 --> 00:12:33,640  
是邵阳  
  
356  
00:12:34,660 --> 00:12:36,700  
过去有一句话叫邵阳啊  
  
357  
00:12:37,060 --> 00:12:37,660  
就是胆  
  
358  
00:12:37,900 --> 00:12:39,100  
胆主11脏，对吧  
  
359  
00:12:39,660 --> 00:12:41,140  
这个我是相信的啊  
  
360  
00:12:41,660 --> 00:12:41,860  
呃  
  
361  
00:12:42,220 --> 00:12:44,380  
那么后头还有人过度解读，说说那个答案  
  
362  
00:12:44,380 --> 00:12:47,800  
底下那个11，就是就是那11是连起来了  
  
363  
00:12:47,800 --> 00:12:49,040  
就是土葬啊  
  
364  
00:12:49,040 --> 00:12:51,560  
我不这么看，我觉得胆就是生发  
  
365  
00:12:52,480 --> 00:12:54,770  
呃，当然这个胆呢  
  
366  
00:12:54,770 --> 00:12:57,650  
我说的是中医层面的胆，它不光包括胆脏  
  
367  
00:12:58,150 --> 00:13:00,150  
还包括胆的精气层面  
  
368  
00:13:00,470 --> 00:13:01,910  
胆的神器层面对吧  
  
369  
00:13:02,430 --> 00:13:02,710  
哎  
  
370  
00:13:03,730 --> 00:13:05,850  
都包含在一起，呃  
  
371  
00:13:08,040 --> 00:13:10,480  
那么这个就是他的全体全用  
  
372  
00:13:10,800 --> 00:13:14,440  
那么这个生发之气起来了，天气就就温和了  
  
373  
00:13:14,440 --> 00:13:15,400  
他是拿这个举例子啊  
  
374  
00:13:15,400 --> 00:13:17,400  
就是说这个时候，结果呢  
  
375  
00:13:18,160 --> 00:13:20,400  
说没到这个时候，没到甲子啊  
  
376  
00:13:20,800 --> 00:13:22,040  
就刚到冬至好了  
  
377  
00:13:22,120 --> 00:13:22,960  
天气暖和  
  
378  
00:13:24,180 --> 00:13:25,100  
暖和早了吧  
  
379  
00:13:25,990 --> 00:13:27,870  
哎，就说第一种情况啊  
  
380  
00:13:27,910 --> 00:13:28,630  
就这个问题  
  
381  
00:13:29,030 --> 00:13:30,070  
这个叫未知而至  
  
382  
00:13:30,070 --> 00:13:31,750  
就不该你来的时候，你来了  
  
383  
00:13:32,550 --> 00:13:33,950  
早了早了，不行啊  
  
384  
00:13:34,790 --> 00:13:35,070  
呃  
  
385  
00:13:36,160 --> 00:13:38,840  
那么在人体之中，其实不光是时令啊  
  
386  
00:13:38,840 --> 00:13:39,480  
不光是看病  
  
387  
00:13:39,480 --> 00:13:40,960  
这种时候我们见得很多啊  
  
388  
00:13:41,120 --> 00:13:43,200  
比如在门诊上我现在有治一个小孩啊  
  
389  
00:13:43,760 --> 00:13:44,640  
叫发育  
  
390  
00:13:45,910 --> 00:13:47,070  
叫过度发育，对吧  
  
391  
00:13:47,590 --> 00:13:47,790  
哎  
  
392  
00:13:48,310 --> 00:13:50,590  
他娘愁眉苦脸带着来人小丫头，对吧  
  
393  
00:13:50,590 --> 00:13:51,710  
我们同学都看见了  
  
394  
00:13:52,300 --> 00:13:52,500  
呃  
  
395  
00:13:52,580 --> 00:13:53,580  
几岁了，忘了啊  
  
396  
00:13:53,620 --> 00:13:55,180  
反正是性征啊  
  
397  
00:13:55,180 --> 00:13:56,140  
一些东西都出来了  
  
398  
00:13:56,340 --> 00:13:57,340  
他妈吓坏了啊  
  
399  
00:13:57,340 --> 00:14:00,000  
一看哎呀，咋整啊  
  
400  
00:14:00,000 --> 00:14:01,720  
有时候也挂不上号，挂不上号吧  
  
401  
00:14:02,230 --> 00:14:04,790  
我表面很严厉，那给别的患者看的啊  
  
402  
00:14:05,190 --> 00:14:07,350  
有的时候我我也给他留一扇门啊  
  
403  
00:14:07,350 --> 00:14:09,270  
最后也也反正加上号了  
  
404  
00:14:09,270 --> 00:14:12,630  
每次都都没让他那啥，有孩子这个事啊  
  
405  
00:14:13,070 --> 00:14:14,350  
咱帮帮他吧，对吧  
  
406  
00:14:14,350 --> 00:14:16,390  
就就就就就就就留一扇门  
  
407  
00:14:16,390 --> 00:14:17,470  
睁一只眼闭一只眼吧  
  
408  
00:14:17,790 --> 00:14:20,310  
但我不能说，欢迎你来加号  
  
409  
00:14:20,310 --> 00:14:21,030  
哈哈  
  
410  
00:14:21,030 --> 00:14:22,030  
那不行啊  
  
411  
00:14:22,070 --> 00:14:22,670  
那就完了  
  
412  
00:14:23,070 --> 00:14:25,200  
呃，用的什么方法  
  
413  
00:14:25,200 --> 00:14:27,160  
非常简单啊，呃  
  
414  
00:14:27,560 --> 00:14:32,710  
三才封髓丹根据他的色脉加减全移  
  
415  
00:14:33,110 --> 00:14:35,910  
你给他封住，为什么至而未至  
  
416  
00:14:35,910 --> 00:14:37,430  
你来早了我再给你藏起来  
  
417  
00:14:37,990 --> 00:14:38,190  
哎  
  
418  
00:14:38,190 --> 00:14:39,390  
用了之后效果非常好啊  
  
419  
00:14:39,390 --> 00:14:40,790  
那基本一周两周搞定  
  
420  
00:14:41,260 --> 00:14:41,460  
呃  
  
421  
00:14:41,780 --> 00:14:44,980  
之后每次来呢，告诉我大夫最近都挺好哈  
  
422  
00:14:45,420 --> 00:14:48,640  
然后说治了好好久了，几个月了吧  
  
423  
00:14:49,000 --> 00:14:49,760  
断断续续来  
  
424  
00:14:49,760 --> 00:14:51,920  
有时候挂不上他自己也不好意思来了  
  
425  
00:14:52,320 --> 00:14:56,040  
来一诊他可能隔多长时间说最近好像有点儿涨  
  
426  
00:14:56,680 --> 00:15:00,000  
我说这是正常的，为啥小孩也得发育  
  
427  
00:15:00,040 --> 00:15:01,600  
他妈一想也对  
  
428  
00:15:02,080 --> 00:15:03,560  
跟别的孩子都差不多啊  
  
429  
00:15:04,170 --> 00:15:06,690  
呃这这就是你拿它说事对吧  
  
430  
00:15:06,690 --> 00:15:07,490  
你让他藏起来  
  
431  
00:15:08,490 --> 00:15:08,770  
呃  
  
432  
00:15:10,370 --> 00:15:15,050  
后边还有呢道甲子天谓温和好了，五池之政  
  
433  
00:15:16,610 --> 00:15:20,250  
同学们到这个时候贪  
  
434  
00:15:21,960 --> 00:15:23,120  
时候到了它也不长  
  
435  
00:15:23,120 --> 00:15:24,160  
我们可以这么理解吗  
  
436  
00:15:24,720 --> 00:15:25,640  
是不是这个道理啊  
  
437  
00:15:26,040 --> 00:15:28,980  
还拿发育这事说事太多了  
  
438  
00:15:28,980 --> 00:15:32,580  
有的那个呃信门不和说这道理对吧  
  
439  
00:15:33,140 --> 00:15:33,340  
呃  
  
440  
00:15:33,660 --> 00:15:36,300  
五池之政无染之症，不急呀  
  
441  
00:15:36,780 --> 00:15:37,140  
怎么办  
  
442  
00:15:37,140 --> 00:15:38,180  
你助之嘛，对吧  
  
443  
00:15:38,620 --> 00:15:39,700  
哎，别注太过了啊  
  
444  
00:15:39,740 --> 00:15:40,660  
火别过了就行  
  
445  
00:15:41,420 --> 00:15:41,700  
呃  
  
446  
00:15:42,480 --> 00:15:45,000  
到了甲子，大寒不解啊  
  
447  
00:15:45,000 --> 00:15:49,330  
就是说大寒就是就是那个小大寒之令，对吧  
  
448  
00:15:49,810 --> 00:15:51,610  
到甲子之后还是停在那  
  
449  
00:15:52,370 --> 00:15:54,530  
那你就要住得加把劲儿哈  
  
450  
00:15:54,730 --> 00:15:58,410  
这是他其实就是从有余不及，就是太过不及  
  
451  
00:15:58,410 --> 00:16:00,630  
这两个一个是太过，一个是不急  
  
452  
00:16:01,150 --> 00:16:02,150  
一个是太过的狠  
  
453  
00:16:02,710 --> 00:16:03,830  
一个是不急的更厉害  
  
454  
00:16:04,030 --> 00:16:07,520  
完了就是你看是四个其实就是阴阳，对吧  
  
455  
00:16:07,520 --> 00:16:09,640  
就是泰国补给，这里说的很简单啊  
  
456  
00:16:10,250 --> 00:16:11,170  
那这时候你该怎么办  
  
457  
00:16:11,170 --> 00:16:12,330  
那你说我用啥法  
  
458  
00:16:12,330 --> 00:16:14,370  
我没法告诉你，你想去吧  
  
459  
00:16:14,770 --> 00:16:15,570  
调补注意  
  
460  
00:16:16,700 --> 00:16:19,180  
一其不足，损其有余  
  
461  
00:16:19,950 --> 00:16:20,830  
无外乎此吧  
  
462  
00:16:21,150 --> 00:16:21,350  
哎  
  
463  
00:16:21,910 --> 00:16:24,070  
那么没到时候大热来了  
  
464  
00:16:24,470 --> 00:16:27,390  
那这时候你你你你想想你你怎么去解决它，对吧  
  
465  
00:16:27,670 --> 00:16:29,690  
哎，在这儿不过多的说  
  
466  
00:16:32,300 --> 00:16:32,500  
呃  
  
467  
00:16:33,460 --> 00:16:35,220  
后头呢，有这么一段  
  
468  
00:16:37,040 --> 00:16:38,240  
这段挺有意思的  
  
469  
00:16:38,240 --> 00:16:39,520  
说病人脉浮在前  
  
470  
00:16:40,480 --> 00:16:41,080  
病在表  
  
471  
00:16:42,110 --> 00:16:42,270  
符  
  
472  
00:16:42,270 --> 00:16:43,830  
纸在后，并在里  
  
473  
00:16:44,910 --> 00:16:46,430  
他用前后来定表里  
  
474  
00:16:46,430 --> 00:16:47,830  
这个前和后是啥啊  
  
475  
00:16:48,350 --> 00:16:50,900  
其实就是寸尺，就是寸尺  
  
476  
00:16:50,900 --> 00:16:52,420  
在这儿我就给你解释了啊  
  
477  
00:16:53,920 --> 00:16:58,240  
这符是啥意思，我个人的理解啊  
  
478  
00:16:59,240 --> 00:17:01,240  
他说的应该是六部之中  
  
479  
00:17:01,240 --> 00:17:03,760  
那你说老师我既然都腐脉，他是不是犬病了  
  
480  
00:17:04,160 --> 00:17:04,960  
不是那样啊  
  
481  
00:17:05,619 --> 00:17:06,700  
呃，内伤杂病吧  
  
482  
00:17:06,700 --> 00:17:07,980  
你要注意这么一个事  
  
483  
00:17:07,980 --> 00:17:10,420  
儿，它和外感六经是不一样的  
  
484  
00:17:10,900 --> 00:17:11,180  
呃  
  
485  
00:17:11,410 --> 00:17:14,849  
你经常看一些伤寒论的老的注释，告诉你了  
  
486  
00:17:15,050 --> 00:17:17,490  
说欺人尺寸巨浮者在太阳对吧  
  
487  
00:17:17,770 --> 00:17:19,290  
既然有这种论述吧  
  
488  
00:17:19,530 --> 00:17:21,329  
他那个麦一摸它全是这样  
  
489  
00:17:22,619 --> 00:17:25,300  
他为啥全这样外赶了吗  
  
490  
00:17:26,060 --> 00:17:28,020  
外赶之后人有一个特点  
  
491  
00:17:29,460 --> 00:17:31,700  
地无分南北，人无分老幼啊  
  
492  
00:17:33,310 --> 00:17:34,670  
抗战的时候知道吧  
  
493  
00:17:35,310 --> 00:17:38,630  
那这时候就不分什么你是四川人，我是东北人了  
  
494  
00:17:39,030 --> 00:17:40,390  
咱们都是中国人  
  
495  
00:17:40,750 --> 00:17:42,270  
就这么一个道理，那么过去  
  
496  
00:17:42,270 --> 00:17:45,670  
比如说肝脏跟跟大肠，他俩一直闹毛病  
  
497  
00:17:46,230 --> 00:17:49,200  
你看我一说有人乐，这种问题太多了  
  
498  
00:17:49,840 --> 00:17:51,240  
老生气的人他就便秘  
  
499  
00:17:51,850 --> 00:17:55,290  
为啥呀，肝木疏泄太过肝通阳明  
  
500  
00:17:55,690 --> 00:17:57,810  
最后大肠他就他就闹心了  
  
501  
00:17:57,810 --> 00:17:59,650  
你老发脾气冲我来什么呀，对吧  
  
502  
00:18:00,010 --> 00:18:00,690  
憋死你  
  
503  
00:18:02,280 --> 00:18:05,320  
你别以为就是人体的五脏六腑  
  
504  
00:18:05,320 --> 00:18:06,720  
他就也跟过日子似的  
  
505  
00:18:06,960 --> 00:18:09,700  
互相之间有表里深刻的关系啊  
  
506  
00:18:09,700 --> 00:18:11,020  
他们心脉太盛  
  
507  
00:18:11,140 --> 00:18:15,320  
那那那废气不受，那脸上长痘老多了吧  
  
508  
00:18:15,880 --> 00:18:16,760  
那为啥长痘啊  
  
509  
00:18:17,440 --> 00:18:21,480  
那么我们说皮肤不是为肺华吗  
  
510  
00:18:22,640 --> 00:18:24,840  
费说了，你那火别往我身上弄  
  
511  
00:18:25,540 --> 00:18:26,780  
我给你扔出去好了  
  
512  
00:18:27,060 --> 00:18:29,900  
推到脸上长一脸让你闹心是吧  
  
513  
00:18:30,300 --> 00:18:31,660  
说这道理让你皮急  
  
514  
00:18:32,250 --> 00:18:33,570  
那不是从心火来的吗  
  
515  
00:18:33,970 --> 00:18:35,650  
说这道理就是五脏六腑  
  
516  
00:18:35,650 --> 00:18:37,570  
跟人过家家是一模一样的  
  
517  
00:18:37,570 --> 00:18:38,570  
你把它看透了  
  
518  
00:18:38,810 --> 00:18:41,930  
无外乎我们讲，有那么句话吧  
  
519  
00:18:42,210 --> 00:18:44,370  
叫我经常给我学生说啊  
  
520  
00:18:44,770 --> 00:18:46,890  
人情练达，即文章啊  
  
521  
00:18:47,590 --> 00:18:49,990  
你有时候人活到一定岁数啊  
  
522  
00:18:50,470 --> 00:18:51,830  
过去有些老先生经常说  
  
523  
00:18:51,830 --> 00:18:53,230  
说我到60我才入门  
  
524  
00:18:53,550 --> 00:18:55,630  
我那时候一听完了中医，别学了  
  
525  
00:18:56,620 --> 00:18:57,860  
学到60才入手  
  
526  
00:18:58,220 --> 00:18:59,660  
他说的不是那个含义  
  
527  
00:18:59,660 --> 00:19:00,140  
同学们  
  
528  
00:19:00,420 --> 00:19:02,140  
他指的不是医术和医技上  
  
529  
00:19:02,460 --> 00:19:04,100  
他指的是活到60岁  
  
530  
00:19:04,300 --> 00:19:08,380  
人到了一个甲子，你才遍历春秋  
  
531  
00:19:09,800 --> 00:19:10,360  
明白了吧  
  
532  
00:19:10,880 --> 00:19:12,320  
你活到一个甲子的时候  
  
533  
00:19:12,320 --> 00:19:16,320  
你才能知道人人世的这个沧桑的东西  
  
534  
00:19:17,080 --> 00:19:18,760  
那我到现在我才35岁  
  
535  
00:19:18,760 --> 00:19:19,480  
我也不知道  
  
536  
00:19:20,640 --> 00:19:21,200  
那我呢  
  
537  
00:19:21,200 --> 00:19:23,480  
我是琢磨啊，听别人说的  
  
538  
00:19:23,880 --> 00:19:26,480  
我觉得他总得到一甲子的时候  
  
539  
00:19:26,880 --> 00:19:28,480  
我们现在在半山腰上  
  
540  
00:19:28,480 --> 00:19:30,280  
我们分析，我是分享  
  
541  
00:19:30,280 --> 00:19:33,480  
我估计到山顶是这样的，他他能看见全景  
  
542  
00:19:33,800 --> 00:19:35,360  
我现在爬一半，我看不见  
  
543  
00:19:35,980 --> 00:19:36,820  
是不是这道理啊  
  
544  
00:19:36,820 --> 00:19:38,860  
他无关医术，无关艺术  
  
545  
00:19:39,260 --> 00:19:40,620  
呃，我是比较幸运啊  
  
546  
00:19:40,620 --> 00:19:45,010  
就是刚呃毛，孩子那时候就就就就得以真实啊  
  
547  
00:19:45,570 --> 00:19:47,610  
呃，得得得其传承  
  
548  
00:19:47,980 --> 00:19:48,180  
呃  
  
549  
00:19:48,180 --> 00:19:51,020  
在医术上，可能有的时候有一点认知  
  
550  
00:19:51,340 --> 00:19:53,100  
但是在人生上咱们差得远  
  
551  
00:19:53,100 --> 00:19:54,420  
咱是小学生，没入门啊  
  
552  
00:19:54,420 --> 00:19:56,540  
很多时候人家问我说你医学怎么样  
  
553  
00:19:56,700 --> 00:19:57,980  
我都告诉他，小学生啊  
  
554  
00:19:58,300 --> 00:19:59,060  
门还没入呢  
  
555  
00:19:59,240 --> 00:20:00,040  
这是实话啊  
  
556  
00:20:00,080 --> 00:20:02,480  
没到那时候咱就没法说那事了  
  
557  
00:20:03,280 --> 00:20:04,560  
这也是一个道理  
  
558  
00:20:05,360 --> 00:20:08,040  
呃，那么这个他说的这个卖浮呢  
  
559  
00:20:08,320 --> 00:20:09,480  
我是这么想的  
  
560  
00:20:11,480 --> 00:20:12,920  
你看这么一个字  
  
561  
00:20:19,080 --> 00:20:19,480  
无限  
  
562  
00:20:21,040 --> 00:20:24,130  
比如就一部浮脉，独陷于其寸口  
  
563  
00:20:24,930 --> 00:20:25,890  
这个大家明白了吧  
  
564  
00:20:26,370 --> 00:20:26,570  
哎  
  
565  
00:20:27,010 --> 00:20:30,620  
你拿这个再看这句话，你就有点意思了  
  
566  
00:20:30,780 --> 00:20:34,100  
那你不光说在表在里  
  
567  
00:20:34,540 --> 00:20:36,100  
那表里之间能不能在呢  
  
568  
00:20:37,030 --> 00:20:37,790  
其实也能啊  
  
569  
00:20:38,950 --> 00:20:40,030  
再关上嘛，对吧  
  
570  
00:20:40,880 --> 00:20:41,760  
那又不是没有  
  
571  
00:20:41,960 --> 00:20:44,040  
你看这个心下痞按之软  
  
572  
00:20:44,080 --> 00:20:45,080  
气脉关上浮者  
  
573  
00:20:45,120 --> 00:20:46,840  
大黄黄连泻引汤主治，对吧  
  
574  
00:20:47,130 --> 00:20:48,730  
我们在门诊上，上周我们还用呢  
  
575  
00:20:48,930 --> 00:20:49,890  
一患者一来，哎  
  
576  
00:20:50,490 --> 00:20:51,410  
直接摸脉啊  
  
577  
00:20:51,570 --> 00:20:52,810  
开大夫黄连泻心汤  
  
578  
00:20:52,850 --> 00:20:58,180  
进去了就是关上毒服热毒毒热于中啊  
  
579  
00:20:59,920 --> 00:21:02,160  
他是说这么个事啊，呃  
  
580  
00:21:04,500 --> 00:21:08,100  
腰腰痛背僵不能行  
  
581  
00:21:09,140 --> 00:21:10,460  
其实他这个说的是什么呀  
  
582  
00:21:11,100 --> 00:21:14,270  
伏在厚也就是在尺啊  
  
583  
00:21:14,270 --> 00:21:15,390  
这个你多去摸吧  
  
584  
00:21:15,390 --> 00:21:16,790  
这个不用我过多解释  
  
585  
00:21:16,790 --> 00:21:17,870  
你在门诊上你一摸  
  
586  
00:21:18,470 --> 00:21:20,430  
你就你就挑那腰突的人摸  
  
587  
00:21:22,060 --> 00:21:22,580  
两种啊  
  
588  
00:21:22,700 --> 00:21:24,700  
刚得的时候好多是这样的  
  
589  
00:21:24,980 --> 00:21:25,860  
有的时间长  
  
590  
00:21:25,900 --> 00:21:30,050  
包括一些呃，你相应的这个腰脊的病  
  
591  
00:21:30,490 --> 00:21:32,970  
有的他反倒是一种沉像啊  
  
592  
00:21:33,050 --> 00:21:34,610  
包括一些韩相的人啊  
  
593  
00:21:34,650 --> 00:21:36,830  
就是他也是丞相啊  
  
594  
00:21:36,830 --> 00:21:39,420  
有有这样的，我们说  
  
595  
00:21:39,420 --> 00:21:41,260  
所以这个东西你学东西得灵活  
  
596  
00:21:41,260 --> 00:21:41,660  
你不能说  
  
597  
00:21:41,660 --> 00:21:44,380  
老师说你教那个，我到临床上一使不好用  
  
598  
00:21:44,790 --> 00:21:45,990  
这东西有概率啊  
  
599  
00:21:46,230 --> 00:21:48,910  
有概率他不能说这个百分之百啊  
  
600  
00:21:50,500 --> 00:21:51,820  
好底下问曰  
  
601  
00:21:52,740 --> 00:21:53,220  
惊云  
  
602  
00:21:54,920 --> 00:21:56,600  
绝阳独行者，何也啊  
  
603  
00:21:57,800 --> 00:22:00,000  
这个经指的就是古内经，对吧  
  
604  
00:22:03,040 --> 00:22:05,520  
绝阳独行觉者啥意思啊  
  
605  
00:22:05,520 --> 00:22:10,440  
其实我现在体会就是两阴交尽谓之绝绝，就是啥呢  
  
606  
00:22:11,000 --> 00:22:11,840  
就是没朋友  
  
607  
00:22:11,960 --> 00:22:15,040  
用我们今天的话来说就是没朋友就叫绝  
  
608  
00:22:16,220 --> 00:22:19,980  
你放心人过日子也是一样  
  
609  
00:22:20,180 --> 00:22:23,460  
两口子只要吵架，你别看他吵得厉害没事  
  
610  
00:22:25,010 --> 00:22:27,830  
离婚没有因为吵架离的啊  
  
611  
00:22:27,830 --> 00:22:28,910  
你们去品啊  
  
612  
00:22:29,030 --> 00:22:33,430  
这观察生活中，观察到啥时候不灵了就不吵了  
  
613  
00:22:34,150 --> 00:22:34,950  
明白这意思了吧  
  
614  
00:22:35,270 --> 00:22:37,010  
朋友也是这样啊  
  
615  
00:22:37,050 --> 00:22:41,320  
古人讲叫君子绝交，不出恶语干嘛呀  
  
616  
00:22:41,320 --> 00:22:41,600  
对吧  
  
617  
00:22:42,160 --> 00:22:44,240  
其实不怕龙争虎斗  
  
618  
00:22:45,380 --> 00:22:48,660  
唯恐魂魄陌路，人也是一样啊  
  
619  
00:22:48,900 --> 00:22:50,740  
不怕他俩之间有有摩擦  
  
620  
00:22:51,110 --> 00:22:52,070  
怕谁也不搭理谁  
  
621  
00:22:52,470 --> 00:22:54,790  
这时候完了，那人体气机也是一样  
  
622  
00:22:55,110 --> 00:22:56,350  
绝阳独行指的是什么  
  
623  
00:22:56,350 --> 00:22:57,150  
有阳无阴  
  
624  
00:22:57,480 --> 00:23:00,240  
这时候光有阴，阳没有阴没有阴  
  
625  
00:23:00,900 --> 00:23:03,300  
那那那阴阳之间就不能相交，同对吧  
  
626  
00:23:03,700 --> 00:23:05,740  
那么天地遂绝就是一个道理  
  
627  
00:23:06,300 --> 00:23:06,500  
哎  
  
628  
00:23:06,940 --> 00:23:09,550  
不怕刮风下雨，怕什么呀  
  
629  
00:23:10,030 --> 00:23:11,630  
那你地球如果没有引力  
  
630  
00:23:12,230 --> 00:23:13,390  
太阳光照到地上  
  
631  
00:23:13,390 --> 00:23:18,130  
我们说阳光向下，位置心火下降  
  
632  
00:23:18,930 --> 00:23:21,050  
地上的水上升，变成了云层  
  
633  
00:23:21,810 --> 00:23:24,290  
这个这个这个叫地气上升，对吧  
  
634  
00:23:24,690 --> 00:23:24,890  
哎  
  
635  
00:23:25,090 --> 00:23:27,660  
叫肾水上济，坎离颠倒  
  
636  
00:23:27,660 --> 00:23:29,100  
水火既济乾坤  
  
637  
00:23:30,020 --> 00:23:30,780  
天地交泰  
  
638  
00:23:31,680 --> 00:23:32,760  
天地之间有生命  
  
639  
00:23:33,160 --> 00:23:34,720  
那如果谁也不理谁了  
  
640  
00:23:35,600 --> 00:23:36,320  
阳往上去  
  
641  
00:23:36,320 --> 00:23:37,000  
水往下去  
  
642  
00:23:37,280 --> 00:23:39,920  
地球就变成了死气沉沉，一个道理啊  
  
643  
00:23:40,120 --> 00:23:42,560  
阴阳之间要交通这个我经常  
  
644  
00:23:42,560 --> 00:23:44,880  
有时候学生就说说老师这窗咋开  
  
645  
00:23:45,080 --> 00:23:45,960  
我就跟他讲啊  
  
646  
00:23:45,960 --> 00:23:48,170  
我说你，你就哎呀  
  
647  
00:23:48,170 --> 00:23:49,490  
我说我咋跟你说这事呢  
  
648  
00:23:49,490 --> 00:23:50,570  
你就看他这个人  
  
649  
00:23:51,510 --> 00:23:54,790  
只要你能在阴阳五行上脏腑，上六经表里  
  
650  
00:23:55,030 --> 00:23:57,110  
你能找到它之间有啥事  
  
651  
00:23:58,030 --> 00:24:00,970  
你能跟他产生点关系，就凭  
  
652  
00:24:02,760 --> 00:24:05,720  
不管是客制化，明白我的意思了吧  
  
653  
00:24:06,040 --> 00:24:09,420  
就怕你找不着，找不着你就不知道从哪下手  
  
654  
00:24:09,900 --> 00:24:12,500  
老虎仰天只要能找着点关系  
  
655  
00:24:13,440 --> 00:24:15,640  
那有时候从从六步迈上就能找着啊  
  
656  
00:24:15,880 --> 00:24:17,960  
有的时候六步迈找不到，找不到怎么办  
  
657  
00:24:18,240 --> 00:24:18,520  
哎  
  
658  
00:24:18,930 --> 00:24:22,330  
突然之间觉得这个季节它不应该是这个麦  
  
659  
00:24:22,610 --> 00:24:22,930  
哎  
  
660  
00:24:22,970 --> 00:24:24,530  
有了，明白我这意思了吧  
  
661  
00:24:25,010 --> 00:24:27,270  
或者季节上都找不到  
  
662  
00:24:28,310 --> 00:24:30,870  
哎呀，这个岁数应该这样吗  
  
663  
00:24:32,810 --> 00:24:33,050  
啊  
  
664  
00:24:33,450 --> 00:24:34,970  
总之能找着点事儿  
  
665  
00:24:35,600 --> 00:24:38,560  
总之能找着点事就挑毛病，还不会吗  
  
666  
00:24:39,240 --> 00:24:39,560  
啊  
  
667  
00:24:39,880 --> 00:24:40,720  
碰瓷啊  
  
668  
00:24:40,720 --> 00:24:42,640  
咱说这道理啊，哎  
  
669  
00:24:43,000 --> 00:24:44,360  
只要跟他能搭上关系  
  
670  
00:24:44,760 --> 00:24:46,560  
你就能跟他形成互动  
  
671  
00:24:47,010 --> 00:24:50,530  
只要能互动，你就能跟他形成彼此的一体  
  
672  
00:24:51,130 --> 00:24:55,130  
只要跟他形成了彼此的一体之后，你就能转动它  
  
673  
00:24:55,820 --> 00:24:56,700  
播音曲阳  
  
674  
00:24:58,300 --> 00:24:59,220  
转变其深刻  
  
675  
00:24:59,700 --> 00:25:02,740  
带着它往你要去的那个地方走  
  
676  
00:25:04,790 --> 00:25:06,710  
一之为道尽矣  
  
677  
00:25:08,060 --> 00:25:08,740  
我的理解啊  
  
678  
00:25:08,740 --> 00:25:09,620  
这话可能大了  
  
679  
00:25:09,620 --> 00:25:12,020  
但我我觉得就这点事无无  
  
680  
00:25:12,260 --> 00:25:16,740  
不管是推拿按条还是针灸还是开方  
  
681  
00:25:17,020 --> 00:25:19,260  
那你看现在讲的，我好像这又不是医学了  
  
682  
00:25:19,380 --> 00:25:20,180  
其实它就是医学  
  
683  
00:25:20,180 --> 00:25:21,140  
我就这么用的  
  
684  
00:25:21,850 --> 00:25:23,930  
你让我讲讲假的，我不会讲啊  
  
685  
00:25:24,890 --> 00:25:26,090  
讲讲讲真的呢  
  
686  
00:25:26,090 --> 00:25:27,850  
有的东西他就适可而止啊  
  
687  
00:25:27,850 --> 00:25:29,610  
那那当然也是呃  
  
688  
00:25:30,070 --> 00:25:35,710  
这个这个一些客观的问题所限额可能不能尽意啊  
  
689  
00:25:35,710 --> 00:25:38,470  
但是我我说只能说我就这么用啊  
  
690  
00:25:39,320 --> 00:25:40,160  
就这些东西  
  
691  
00:25:40,560 --> 00:25:42,920  
呃，你就跟他产生产生关联  
  
692  
00:25:43,080 --> 00:25:45,280  
产生关联之后你带着它走对吧  
  
693  
00:25:45,790 --> 00:25:48,270  
生克制化啊还是怎么样就行了  
  
694  
00:25:48,830 --> 00:25:50,670  
怕你跟它产不生不了关联啊  
  
695  
00:25:51,070 --> 00:25:52,870  
各走各的，那那没辙了  
  
696  
00:25:54,280 --> 00:25:54,480  
呃  
  
697  
00:25:55,240 --> 00:25:57,960  
底下这段说这么一事，儿啊  
  
698  
00:26:00,220 --> 00:26:02,300  
这段特别有意思啊  
  
699  
00:26:02,300 --> 00:26:04,140  
有的时候我们就从这就滑过去了  
  
700  
00:26:04,910 --> 00:26:05,110  
呃  
  
701  
00:26:05,630 --> 00:26:08,830  
甚至多数院校吧，这个不是重点条文  
  
702  
00:26:08,830 --> 00:26:10,510  
但我觉得特别重要，特别重要  
  
703  
00:26:11,030 --> 00:26:12,910  
这里头有有一个技巧的东西啊  
  
704  
00:26:15,860 --> 00:26:16,700  
问问什么了  
  
705  
00:26:18,280 --> 00:26:20,280  
寸脉沉大而滑，辰为食  
  
706  
00:26:20,280 --> 00:26:20,720  
华为气  
  
707  
00:26:20,800 --> 00:26:22,040  
这个不难理解啊  
  
708  
00:26:22,760 --> 00:26:23,640  
十气相传  
  
709  
00:26:24,720 --> 00:26:26,840  
血气入脏即死  
  
710  
00:26:28,260 --> 00:26:33,220  
入府机遇这块其实给我们说了一个特别大的规则  
  
711  
00:26:33,770 --> 00:26:36,090  
我们中医治病，你就得把它往  
  
712  
00:26:36,450 --> 00:26:38,330  
当然这个我们其实说的是气机啊  
  
713  
00:26:38,330 --> 00:26:40,530  
包括邪气得把他往府上领  
  
714  
00:26:40,530 --> 00:26:41,530  
不能往脏上领  
  
715  
00:26:43,150 --> 00:26:44,870  
这个我很多学生都有体会，对吧  
  
716  
00:26:45,230 --> 00:26:46,110  
那么在临床上  
  
717  
00:26:47,110 --> 00:26:49,670  
哎呀你就得把他往府上领  
  
718  
00:26:51,380 --> 00:26:53,620  
那你甚至我说大一点啊  
  
719  
00:26:56,240 --> 00:26:59,000  
脏和腑啊，它也是不一样的  
  
720  
00:27:18,280 --> 00:27:21,640  
你看腹为阳  
  
721  
00:27:25,340 --> 00:27:27,260  
脏为阴  
  
722  
00:27:28,140 --> 00:27:29,780  
而且这里头我在哎  
  
723  
00:27:31,520 --> 00:27:33,720  
分三财，那这个就有意思了  
  
724  
00:27:33,720 --> 00:27:35,040  
变成三阴三阳，对吧  
  
725  
00:27:35,560 --> 00:27:38,440  
咱们都知道三阳病，三阴病哪个重啊  
  
726  
00:27:39,990 --> 00:27:42,030  
肯定是三斤重，三阳轻  
  
727  
00:27:43,180 --> 00:27:43,380  
呃  
  
728  
00:27:43,580 --> 00:27:45,220  
那你说这个三阴病我不会治  
  
729  
00:27:45,220 --> 00:27:45,660  
没事  
  
730  
00:27:46,340 --> 00:27:48,700  
你把他治成三阳病，你就会了  
  
731  
00:27:49,310 --> 00:27:50,110  
明白我这意思吧  
  
732  
00:27:50,630 --> 00:27:51,790  
这是有意思啊  
  
733  
00:27:52,070 --> 00:27:54,150  
就是换句话说，这是六经的体积  
  
734  
00:27:54,150 --> 00:27:55,110  
一有一有一有六经  
  
735  
00:27:55,110 --> 00:27:56,270  
就是就是伤寒的事了吧  
  
736  
00:27:56,270 --> 00:27:57,310  
从气脉层面啊  
  
737  
00:27:57,600 --> 00:27:58,680  
气脉层面就是这样了  
  
738  
00:27:59,080 --> 00:28:00,280  
呃，那从伤寒上来讲  
  
739  
00:28:00,920 --> 00:28:04,600  
我过去经常跟大家说我说伤寒病是啥  
  
740  
00:28:05,120 --> 00:28:06,760  
就是由阳入阴的过程  
  
741  
00:28:07,880 --> 00:28:08,760  
伤寒病咋治  
  
742  
00:28:09,280 --> 00:28:11,440  
就是让它由阴由阴出阳  
  
743  
00:28:13,250 --> 00:28:15,170  
完事了，无外乎这件事啊  
  
744  
00:28:15,930 --> 00:28:17,730  
但是呢，在这我们又说了一事关窍  
  
745  
00:28:18,690 --> 00:28:19,650  
那关窍在这呢  
  
746  
00:28:19,690 --> 00:28:22,290  
它就又要有脏腑的含义在里头  
  
747  
00:28:22,570 --> 00:28:25,810  
那从这个角度我们就知道无论是什么疾病  
  
748  
00:28:26,170 --> 00:28:29,090  
你让它往外去，往府去都是对的  
  
749  
00:28:29,570 --> 00:28:30,410  
明白这意思了吧  
  
750  
00:28:30,650 --> 00:28:33,300  
但是让他往藏去都不对啊  
  
751  
00:28:33,540 --> 00:28:35,220  
都不行就是脏啊  
  
752  
00:28:35,220 --> 00:28:38,180  
你要让他元真充盛，元真通达腑呢  
  
753  
00:28:38,180 --> 00:28:40,220  
也要发挥一些运用啊  
  
754  
00:28:40,220 --> 00:28:41,780  
要要要让它转起来啊  
  
755  
00:28:41,780 --> 00:28:42,580  
让它往外走  
  
756  
00:28:42,940 --> 00:28:47,300  
但是这个东西我们这么说还是一个比较，呃  
  
757  
00:28:48,190 --> 00:28:50,230  
叫不是特别接地气的一个概念吗  
  
758  
00:28:50,390 --> 00:28:51,550  
这东西你怎么让它落地  
  
759  
00:28:51,950 --> 00:28:52,670  
非常简单  
  
760  
00:28:52,950 --> 00:28:53,830  
有没有聪明人啊  
  
761  
00:28:54,270 --> 00:28:55,510  
看看条文咋说的  
  
762  
00:28:59,300 --> 00:29:04,020  
你别以为他这就告诉你一个纯口青就完事了  
  
763  
00:29:04,540 --> 00:29:06,220  
纯在五脏之中合于谁  
  
764  
00:29:07,380 --> 00:29:08,820  
脾脾主中央  
  
765  
00:29:10,390 --> 00:29:10,870  
记住了吧  
  
766  
00:29:11,430 --> 00:29:12,310  
中央则在里  
  
767  
00:29:12,830 --> 00:29:13,750  
否则属中央  
  
768  
00:29:16,140 --> 00:29:18,460  
我们说如果纯唇色轻啊  
  
769  
00:29:18,860 --> 00:29:19,540  
浑身怕冷  
  
770  
00:29:19,900 --> 00:29:22,660  
这个很可能是一个心脏病  
  
771  
00:29:23,460 --> 00:29:25,500  
而且有可能是可能很急  
  
772  
00:29:25,940 --> 00:29:28,420  
但是它不是一天清的吧  
  
773  
00:29:29,400 --> 00:29:31,560  
就是说人哪怕你心梗对吧  
  
774  
00:29:31,600 --> 00:29:33,560  
梗的再重，你是一天梗的吗  
  
775  
00:29:33,560 --> 00:29:34,800  
他是不是得有一个过程啊  
  
776  
00:29:35,050 --> 00:29:35,250  
啊  
  
777  
00:29:35,690 --> 00:29:37,370  
那这过程它是渐进的  
  
778  
00:29:37,730 --> 00:29:39,410  
那么我们用这个纯口啊  
  
779  
00:29:39,920 --> 00:29:41,240  
其实用它的颜色  
  
780  
00:29:41,520 --> 00:29:46,400  
我们就能察知这个人的这个内外之虚实啊  
  
781  
00:29:46,400 --> 00:29:48,520  
这个就就非常有意思了  
  
782  
00:29:51,540 --> 00:29:53,460  
后头还说一个事，呃  
  
783  
00:29:55,620 --> 00:29:56,940  
还说一个事，儿叫什么呢  
  
784  
00:29:58,720 --> 00:30:01,680  
如申和汉字出啊，你看  
  
785  
00:30:09,180 --> 00:30:11,540  
汗出说明它的透理通通达  
  
786  
00:30:11,740 --> 00:30:13,220  
透理通达是不是  
  
787  
00:30:22,700 --> 00:30:25,420  
所以告诫我们门诊的时候  
  
788  
00:30:26,640 --> 00:30:27,520  
这是一个小技巧  
  
789  
00:30:28,000 --> 00:30:28,520  
很实用  
  
790  
00:30:28,960 --> 00:30:32,000  
注意患者的唇色丰润  
  
791  
00:30:33,730 --> 00:30:34,330  
丰润者  
  
792  
00:30:34,730 --> 00:30:36,570  
则其内必然充实，对吧  
  
793  
00:30:36,890 --> 00:30:37,530  
比较充盛  
  
794  
00:30:37,850 --> 00:30:40,250  
如果是呃色色白者啊  
  
795  
00:30:40,250 --> 00:30:42,650  
则中虚色青者，则有外外寒  
  
796  
00:30:45,200 --> 00:30:45,480  
啊  
  
797  
00:30:45,840 --> 00:30:48,680  
这是仲景先师手把手的教我们啊  
  
798  
00:30:48,680 --> 00:30:50,680  
怕学不会手把手教我们  
  
799  
00:30:53,700 --> 00:30:55,740  
你看好东西啊，很有意思  
  
800  
00:30:56,620 --> 00:30:58,500  
但是说起来也非常简单啊  
  
801  
00:30:58,500 --> 00:31:00,220  
三言两语就就就说完了  
  
802  
00:31:01,170 --> 00:31:02,650  
呃，好看  
  
803  
00:31:04,810 --> 00:31:06,050  
底下问曰，啊  
  
804  
00:31:07,920 --> 00:31:09,120  
脉脱入葬即死  
  
805  
00:31:09,120 --> 00:31:11,760  
入府即欲啊，这还其实还是刚才那事啊  
  
806  
00:31:11,760 --> 00:31:14,520  
就还是在解释那个脏腑就是里外的事，对吧  
  
807  
00:31:15,040 --> 00:31:15,240  
哎  
  
808  
00:31:15,240 --> 00:31:16,830  
里外的事，呃  
  
809  
00:31:16,830 --> 00:31:17,590  
百病皆然  
  
810  
00:31:17,710 --> 00:31:19,350  
他这百病皆然，说的厉害啊  
  
811  
00:31:19,350 --> 00:31:21,310  
就是所有病都是呃  
  
812  
00:31:21,870 --> 00:31:25,360  
比如禁啊，禁银窗啊  
  
813  
00:31:26,240 --> 00:31:28,640  
这个我前段刚治一例啊  
  
814  
00:31:29,000 --> 00:31:30,640  
刚治一例呃  
  
815  
00:31:32,770 --> 00:31:35,690  
从口体流向四肢者可治  
  
816  
00:31:36,520 --> 00:31:38,880  
四肢流向口不可知那啥概念  
  
817  
00:31:39,120 --> 00:31:41,880  
那你说四肢和口谁为外谁为里啊  
  
818  
00:31:43,240 --> 00:31:44,320  
这不就里外圈吗  
  
819  
00:31:44,320 --> 00:31:44,600  
对吧  
  
820  
00:31:44,880 --> 00:31:47,680  
那从外圈往里圈来的对吧  
  
821  
00:31:48,440 --> 00:31:50,080  
那这种说明啊  
  
822  
00:31:50,840 --> 00:31:54,280  
这是大的贼寇从外已经乘破而入了啊  
  
823  
00:31:54,880 --> 00:31:57,840  
这种就治不了了，从里往外去的呢  
  
824  
00:32:00,300 --> 00:32:01,100  
那就没事  
  
825  
00:32:01,340 --> 00:32:03,100  
那是邪气，由内外发  
  
826  
00:32:03,100 --> 00:32:05,180  
是不是发出去就好了  
  
827  
00:32:07,340 --> 00:32:08,780  
我上个月刚治这么一个病  
  
828  
00:32:09,490 --> 00:32:10,690  
我特好一朋友啊  
  
829  
00:32:11,210 --> 00:32:12,890  
从国外刚回来  
  
830  
00:32:12,890 --> 00:32:16,410  
回来之后吧，在广州给隔离了半个月  
  
831  
00:32:16,410 --> 00:32:18,670  
回来又隔离了半个月啊，呃  
  
832  
00:32:18,950 --> 00:32:20,390  
那这疫情没办法，对吧  
  
833  
00:32:20,870 --> 00:32:22,470  
呃，咱们知道这隔离呀  
  
834  
00:32:22,550 --> 00:32:26,460  
因为我去过那个这个宾馆啊  
  
835  
00:32:26,500 --> 00:32:30,140  
就是看过看诊过好多那个密切接触者  
  
836  
00:32:30,900 --> 00:32:32,970  
呃，咱们这管理啊  
  
837  
00:32:32,970 --> 00:32:36,130  
国家对这个很重视，那但事有阴阳啊  
  
838  
00:32:36,210 --> 00:32:39,090  
就你看我们中国的那个管理艺术是最高的  
  
839  
00:32:39,410 --> 00:32:42,050  
到现在咱们国家一片升平，对吧  
  
840  
00:32:42,610 --> 00:32:42,890  
唉  
  
841  
00:32:43,240 --> 00:32:43,760  
特别好  
  
842  
00:32:44,120 --> 00:32:46,560  
但是呢，他在里头捐一个月  
  
843  
00:32:46,560 --> 00:32:48,560  
他肯定他也上火呀  
  
844  
00:32:48,560 --> 00:32:49,640  
对吧，他都出不去门  
  
845  
00:32:50,240 --> 00:32:51,400  
虽然好吃好喝啊  
  
846  
00:32:51,400 --> 00:32:52,320  
每天能看手机  
  
847  
00:32:53,080 --> 00:32:54,640  
但是他在里头憋着呀  
  
848  
00:32:55,420 --> 00:32:56,020  
回来之后  
  
849  
00:32:56,300 --> 00:32:59,430  
呃，我们上个月得大上个月了  
  
850  
00:32:59,430 --> 00:32:59,950  
话说啊  
  
851  
00:33:00,270 --> 00:33:02,670  
浑身起疹子流黄水诶  
  
852  
00:33:02,670 --> 00:33:04,270  
我一看，我说这个叫近银窗  
  
853  
00:33:04,750 --> 00:33:05,670  
之后我跟他说了  
  
854  
00:33:05,830 --> 00:33:08,620  
我说你嘴唇啊，先得的  
  
855  
00:33:09,340 --> 00:33:10,820  
他说没有啊，嘴唇没得  
  
856  
00:33:10,820 --> 00:33:11,300  
我说不对  
  
857  
00:33:11,380 --> 00:33:12,700  
想必然是嘴唇  
  
858  
00:33:15,280 --> 00:33:16,600  
想了老半天啊  
  
859  
00:33:17,550 --> 00:33:19,270  
哎呦，想起来了  
  
860  
00:33:19,990 --> 00:33:24,030  
在广州的时候，嘴唇周围烂了那么一段时间  
  
861  
00:33:25,030 --> 00:33:25,590  
好了  
  
862  
00:33:27,090 --> 00:33:27,570  
没事了  
  
863  
00:33:27,570 --> 00:33:28,570  
以为没事了，对吧  
  
864  
00:33:28,970 --> 00:33:30,210  
回来之后就这样了  
  
865  
00:33:30,250 --> 00:33:31,010  
这该怎么办  
  
866  
00:33:31,210 --> 00:33:32,970  
我们后头有条文啊  
  
867  
00:33:33,450 --> 00:33:34,890  
这个金银窗该怎么办  
  
868  
00:33:35,480 --> 00:33:37,120  
呃，就不给大家赘述了  
  
869  
00:33:38,240 --> 00:33:39,360  
说这么一事，儿啊  
  
870  
00:33:41,050 --> 00:33:43,570  
后头讲这么一个概念啊  
  
871  
00:33:43,570 --> 00:33:45,010  
这概念大了啊  
  
872  
00:33:45,710 --> 00:33:47,110  
也是这一个比较难点  
  
873  
00:33:48,030 --> 00:33:49,710  
阳病18，阴病18啊  
  
874  
00:33:50,940 --> 00:33:51,860  
阳病18是啥  
  
875  
00:33:53,580 --> 00:33:56,380  
头痛向腰脊闭绞车痛啊  
  
876  
00:33:57,130 --> 00:33:57,810  
因病视察  
  
877  
00:33:58,610 --> 00:34:02,210  
咳上气传曰咽肠鸣胀满  
  
878  
00:34:02,410 --> 00:34:03,370  
心痛拘急  
  
879  
00:34:04,160 --> 00:34:06,000  
但是这俩你仔细注意啊  
  
880  
00:34:06,000 --> 00:34:07,520  
你发现，呃  
  
881  
00:34:09,139 --> 00:34:09,820  
不一样啊  
  
882  
00:34:09,860 --> 00:34:10,300  
不一样  
  
883  
00:34:10,860 --> 00:34:12,600  
呃，就是这个呢  
  
884  
00:34:13,239 --> 00:34:14,520  
有一个数理在里头  
  
885  
00:34:15,199 --> 00:34:16,199  
有一个数理在里头  
  
886  
00:34:16,400 --> 00:34:19,400  
你看那个阳病18，他说了几几样啊  
  
887  
00:34:21,159 --> 00:34:25,400  
六样，是不是阴兵18说了几样  
  
888  
00:34:27,760 --> 00:34:28,840  
九样样  
  
889  
00:34:30,080 --> 00:34:33,040  
这里头有事了啊杨  
  
890  
00:34:37,020 --> 00:34:37,300  
呃  
  
891  
00:34:38,380 --> 00:34:40,659  
熟悉中国古典数学啊  
  
892  
00:34:41,380 --> 00:34:44,620  
这个九章算术周必算经的同学啊  
  
893  
00:34:44,739 --> 00:34:49,510  
包括呃，你你你你了解一些关于河洛的这个数理啊  
  
894  
00:34:49,510 --> 00:34:51,190  
河图洛书，呃  
  
895  
00:34:51,270 --> 00:34:52,550  
这是一个基础知识  
  
896  
00:34:53,850 --> 00:34:54,650  
九为阳数  
  
897  
00:34:58,660 --> 00:34:59,980  
六维因数  
  
898  
00:35:03,060 --> 00:35:04,420  
虽然有好多同学啊  
  
899  
00:35:04,420 --> 00:35:07,060  
说说老师，我这个看到这个术数的东西  
  
900  
00:35:07,060 --> 00:35:08,020  
我就一看  
  
901  
00:35:08,020 --> 00:35:09,100  
我就困就发懵  
  
902  
00:35:10,720 --> 00:35:10,920  
嗯  
  
903  
00:35:12,040 --> 00:35:13,120  
但是我建议啊  
  
904  
00:35:13,950 --> 00:35:15,710  
你不用多熟，你也不靠这吃饭  
  
905  
00:35:15,710 --> 00:35:16,790  
你也了解一点  
  
906  
00:35:17,230 --> 00:35:20,390  
因为中国的中医离不开这些东西，全在这里头  
  
907  
00:35:20,870 --> 00:35:23,930  
呃，中医我在我看经方啊  
  
908  
00:35:24,730 --> 00:35:30,020  
它就是一个数学在人体的一个操作手册啊  
  
909  
00:35:30,060 --> 00:35:32,580  
古代数学的一个一个一个一个一个模板  
  
910  
00:35:33,220 --> 00:35:34,980  
很多东西它就是就是不理这个  
  
911  
00:35:34,980 --> 00:35:36,060  
包括我在开发我  
  
912  
00:35:36,060 --> 00:35:38,480  
每天我跟我学生那天一说，我给他们吓着了  
  
913  
00:35:38,480 --> 00:35:41,000  
我说每个方，我给他们讲了我开放的过程  
  
914  
00:35:41,320 --> 00:35:42,880  
他们一听说我说老师你这么开吧  
  
915  
00:35:43,120 --> 00:35:43,680  
我说是啊  
  
916  
00:35:43,680 --> 00:35:44,920  
要不然能累吗，对吧  
  
917  
00:35:45,290 --> 00:35:46,170  
累成啥样了都  
  
918  
00:35:46,170 --> 00:35:49,940  
我说为啥强迫症啊  
  
919  
00:35:50,100 --> 00:35:52,300  
就是不给他整成那个感觉吧  
  
920  
00:35:52,300 --> 00:35:53,500  
可能还是岁数小啊  
  
921  
00:35:53,660 --> 00:35:55,020  
岁数大可能能好一点  
  
922  
00:35:55,370 --> 00:35:58,610  
我就心里头觉得不是说过意不去  
  
923  
00:35:58,610 --> 00:36:00,970  
过意的去啊，就觉得不行  
  
924  
00:36:00,970 --> 00:36:02,840  
就是这强迫症啊  
  
925  
00:36:02,840 --> 00:36:05,640  
就非得给他哎到那个位置啊  
  
926  
00:36:05,640 --> 00:36:08,520  
就包括每个胃药的每一个剂量，包括整个啊  
  
927  
00:36:08,840 --> 00:36:10,280  
就全得达到那个要求  
  
928  
00:36:13,540 --> 00:36:14,900  
哎呀，但是吧  
  
929  
00:36:14,900 --> 00:36:16,940  
这个东西你你你你就是得得懂  
  
930  
00:36:17,340 --> 00:36:23,000  
那你看那个9~18他是什么关系啊  
  
931  
00:36:24,040 --> 00:36:26,400  
乘以二，6~18呢  
  
932  
00:36:28,050 --> 00:36:30,410  
知不知道我们中医是二三之学呀  
  
933  
00:36:31,410 --> 00:36:32,250  
从哪来的呀  
  
934  
00:36:32,610 --> 00:36:34,210  
那这个我就不再赘述了  
  
935  
00:36:34,210 --> 00:36:36,810  
再赘述又又又又跑偏了啊  
  
936  
00:36:37,250 --> 00:36:38,050  
其实不跑偏  
  
937  
00:36:38,050 --> 00:36:39,370  
其实这才是中医的根啊  
  
938  
00:36:39,750 --> 00:36:41,510  
你终于你想学好过去  
  
939  
00:36:41,510 --> 00:36:43,590  
我们呃，祖师啊  
  
940  
00:36:43,590 --> 00:36:46,120  
我的祖师孙真仁，那是怎么说的呀  
  
941  
00:36:46,520 --> 00:36:48,480  
当年说没说过这个六壬啊  
  
942  
00:36:48,560 --> 00:36:50,080  
对吧你，你这些东西你都得会  
  
943  
00:36:50,600 --> 00:36:51,480  
实话实说  
  
944  
00:36:51,860 --> 00:36:53,660  
我学这些东西之后啊  
  
945  
00:36:53,660 --> 00:36:54,900  
我也没用过几回啊  
  
946  
00:36:54,900 --> 00:36:56,780  
刚学的时候跟有瘾似的  
  
947  
00:36:56,780 --> 00:36:58,700  
就追着你，呃  
  
948  
00:36:59,060 --> 00:37:01,860  
就就就就就就非得非得玩一玩  
  
949  
00:37:02,380 --> 00:37:02,580  
呃  
  
950  
00:37:02,780 --> 00:37:03,460  
但是吧  
  
951  
00:37:03,890 --> 00:37:05,810  
这东西现在啊，就是老也不用  
  
952  
00:37:05,810 --> 00:37:08,210  
老也不用，就有的时候棋盘都不会了啊  
  
953  
00:37:08,570 --> 00:37:10,450  
但是快啊，一天就捡起来  
  
954  
00:37:10,770 --> 00:37:11,490  
但是呢  
  
955  
00:37:12,250 --> 00:37:16,290  
你对这个数学的这些东西的认知它是不一样的  
  
956  
00:37:16,290 --> 00:37:17,010  
你很直观  
  
957  
00:37:17,370 --> 00:37:19,610  
有很多东西非常直观，呃  
  
958  
00:37:21,540 --> 00:37:23,380  
他的这个九宫对吧  
  
959  
00:37:23,580 --> 00:37:26,540  
他的这个这个五六之间的这个关系  
  
960  
00:37:26,980 --> 00:37:29,730  
呃，说到这反正是是题外话  
  
961  
00:37:29,930 --> 00:37:30,970  
我个人认为啊  
  
962  
00:37:31,280 --> 00:37:32,600  
中国上古三大士  
  
963  
00:37:33,080 --> 00:37:34,480  
太乙，六壬和奇门  
  
964  
00:37:34,520 --> 00:37:35,400  
这是我个人观点  
  
965  
00:37:35,400 --> 00:37:36,240  
虽然我学的不好  
  
966  
00:37:36,480 --> 00:37:39,740  
但是我认为奇门是三世之中  
  
967  
00:37:40,580 --> 00:37:44,260  
在术数之中，用纪晓岚先生讲的话啊  
  
968  
00:37:44,790 --> 00:37:46,070  
他还说真挺对啊  
  
969  
00:37:46,070 --> 00:37:47,230  
要说纪晓岚是才子  
  
970  
00:37:47,710 --> 00:37:52,910  
他说这个中国古代诸术数之中以及奇门最为理智  
  
971  
00:37:53,230 --> 00:37:54,190  
哎，这话说得对  
  
972  
00:37:54,550 --> 00:37:59,210  
因为六壬他是天地盘都是都是12地盘不动  
  
973  
00:37:59,210 --> 00:38:00,090  
天盘动对吧  
  
974  
00:38:00,410 --> 00:38:02,930  
看这个通过它的变化，来来来来  
  
975  
00:38:03,370 --> 00:38:05,290  
模拟一下大自然的这个  
  
976  
00:38:05,290 --> 00:38:09,250  
它其实就是对天地模型的一个模拟啊  
  
977  
00:38:09,250 --> 00:38:10,330  
他不是什么封建迷信  
  
978  
00:38:10,330 --> 00:38:11,650  
我们不要那么去考虑问题  
  
979  
00:38:11,930 --> 00:38:13,930  
呃，你不懂就是因为咱不了解啊  
  
980  
00:38:13,930 --> 00:38:15,250  
了解之后就很简单  
  
981  
00:38:15,880 --> 00:38:17,160  
呃，你等到奇门呢  
  
982  
00:38:17,560 --> 00:38:18,400  
它是什么概念  
  
983  
00:38:18,440 --> 00:38:19,920  
他为啥说跟60不一样  
  
984  
00:38:20,390 --> 00:38:24,230  
它的这个是六和九的这个转动，哎  
  
985  
00:38:24,230 --> 00:38:25,750  
这个就好玩了啊  
  
986  
00:38:25,910 --> 00:38:28,290  
蓬人冲服鹰瑞助新啊  
  
987  
00:38:28,530 --> 00:38:33,130  
修身商客景死惊开这这几个门定在这，呃  
  
988  
00:38:33,930 --> 00:38:36,250  
这个星宫门啊  
  
989  
00:38:37,510 --> 00:38:38,990  
这个这个这个指使门  
  
990  
00:38:39,670 --> 00:38:40,350  
他这变化  
  
991  
00:38:41,480 --> 00:38:45,760  
它六和九之后，它的信息量和和和九和九它就是不一样啊  
  
992  
00:38:46,530 --> 00:38:47,290  
因为12是啥  
  
993  
00:38:47,290 --> 00:38:48,490  
12是六和六嘛，对吧  
  
994  
00:38:48,530 --> 00:38:49,330  
六分阴阳嘛  
  
995  
00:38:49,850 --> 00:38:53,250  
这个东西说来说去都是数学的东西，就都在里头  
  
996  
00:38:53,770 --> 00:38:54,050  
呃  
  
997  
00:38:55,050 --> 00:38:57,330  
有些东西不敢给你们讲啊  
  
998  
00:38:57,610 --> 00:39:00,400  
讲太多了，不好跟临床息息相关  
  
999  
00:39:00,720 --> 00:39:02,840  
我们这学生他们天天能看见  
  
1000  
00:39:03,120 --> 00:39:04,800  
那没办法，近水楼台是吧  
  
1001  
00:39:04,880 --> 00:39:05,360  
呵  
  
1002  
00:39:05,720 --> 00:39:07,520  
昨天上周还有一学生跟我说说  
  
1003  
00:39:07,520 --> 00:39:09,040  
老师我这怎么怎么样啊  
  
1004  
00:39:09,040 --> 00:39:11,320  
有个故事我一说他们都乐啊  
  
1005  
00:39:11,800 --> 00:39:12,250  
嗯嗯  
  
1006  
00:39:12,730 --> 00:39:13,930  
不好意思，你们听不着  
  
1007  
00:39:13,930 --> 00:39:15,090  
我不可能跟你们讲啊  
  
1008  
00:39:15,410 --> 00:39:16,690  
讲了就是宣扬封建迷信  
  
1009  
00:39:17,370 --> 00:39:18,770  
没啥复杂，也没有迷信  
  
1010  
00:39:18,770 --> 00:39:21,970  
它就是你，就是一个空间和时间的数学嘛  
  
1011  
00:39:21,970 --> 00:39:22,290  
对吧  
  
1012  
00:39:22,330 --> 00:39:23,210  
非常简单啊  
  
1013  
00:39:23,530 --> 00:39:24,530  
不要往迷信了想  
  
1014  
00:39:25,490 --> 00:39:26,570  
没有怪力乱神啊  
  
1015  
00:39:26,570 --> 00:39:27,450  
没有怪力乱神  
  
1016  
00:39:29,030 --> 00:39:29,590  
但是这个呢  
  
1017  
00:39:29,590 --> 00:39:32,070  
就是用一个数学的模型来告诉你  
  
1018  
00:39:32,470 --> 00:39:33,990  
中医这里头是有数学支撑的  
  
1019  
00:39:33,990 --> 00:39:35,550  
而且它的密码在哪在这  
  
1020  
00:39:36,110 --> 00:39:38,470  
至于你会不会用，那是你的事  
  
1021  
00:39:38,470 --> 00:39:38,670  
儿  
  
1022  
00:39:39,470 --> 00:39:40,830  
他不是手把手教你这个东西  
  
1023  
00:39:40,830 --> 00:39:41,790  
你一定要记住这个事  
  
1024  
00:39:41,790 --> 00:39:42,190  
儿啊  
  
1025  
00:39:42,590 --> 00:39:44,790  
古人给我们学东西都是这样  
  
1026  
00:39:44,870 --> 00:39:45,950  
他把书写好了  
  
1027  
00:39:46,030 --> 00:39:47,350  
但是不告诉你这东西怎么用  
  
1028  
00:39:47,350 --> 00:39:49,700  
为啥得绝之后好读书  
  
1029  
00:39:49,740 --> 00:39:51,740  
古人写书不是给所有人写的  
  
1030  
00:39:52,350 --> 00:39:53,550  
是留给自己的后人  
  
1031  
00:39:53,990 --> 00:39:55,430  
这是古人写书的一个特点  
  
1032  
00:39:55,950 --> 00:39:57,590  
他不把这个东西给你讲透  
  
1033  
00:39:58,250 --> 00:39:59,170  
但是他把角呢  
  
1034  
00:39:59,170 --> 00:40:01,770  
会单独告诉出来，这是古人写书的一个特点  
  
1035  
00:40:01,850 --> 00:40:03,370  
至于为啥你别问我啊  
  
1036  
00:40:03,370 --> 00:40:04,770  
那古人是这样弄的  
  
1037  
00:40:05,210 --> 00:40:06,730  
他必有当时的道理对吧  
  
1038  
00:40:07,290 --> 00:40:08,930  
包括今天都有道理啊  
  
1039  
00:40:09,340 --> 00:40:10,140  
今天都有道理  
  
1040  
00:40:10,300 --> 00:40:13,060  
因为某任何一个行业从业的人  
  
1041  
00:40:13,580 --> 00:40:17,630  
我个人认为我觉得行业素养  
  
1042  
00:40:18,630 --> 00:40:21,920  
行业就是说职业道德  
  
1043  
00:40:22,280 --> 00:40:27,180  
包括他的做这个职业的潜质  
  
1044  
00:40:27,700 --> 00:40:29,860  
是需要有一个门槛和前提的  
  
1045  
00:40:31,350 --> 00:40:32,950  
你不能把做原子弹  
  
1046  
00:40:33,230 --> 00:40:37,150  
包括什么东西的东西满天去去当大白菜  
  
1047  
00:40:37,150 --> 00:40:37,710  
那样对吧  
  
1048  
00:40:38,750 --> 00:40:39,630  
那不坏了吗  
  
1049  
00:40:43,040 --> 00:40:43,840  
哎呀，不说了  
  
1050  
00:40:43,840 --> 00:40:44,680  
再说就远了  
  
1051  
00:40:45,600 --> 00:40:46,520  
那么这个里头呢  
  
1052  
00:40:46,720 --> 00:40:47,040  
呃  
  
1053  
00:40:48,490 --> 00:40:53,210  
五脏各可以按照阴阳区分那一分，最后变成多少了  
  
1054  
00:40:54,080 --> 00:40:55,960  
5×18，90啊  
  
1055  
00:40:56,720 --> 00:40:59,610  
90之后他后头还说一事有六危  
  
1056  
00:40:59,970 --> 00:41:01,210  
这六微吧解释不同  
  
1057  
00:41:01,410 --> 00:41:03,570  
呃，那么比较正统的解释呢  
  
1058  
00:41:03,570 --> 00:41:07,230  
认为是经脉衰微之症啊，衰微之症  
  
1059  
00:41:08,430 --> 00:41:10,550  
那么以六气分支啊  
  
1060  
00:41:11,050 --> 00:41:15,450  
分三才分天地人就是18，18合起来之后180  
  
1061  
00:41:15,890 --> 00:41:20,630  
这里头还暗含着一个这180就是72D差30  
  
1062  
00:41:20,630 --> 00:41:22,590  
36，天罡加起来还是180  
  
1063  
00:41:22,910 --> 00:41:24,670  
就是108，其实是  
  
1064  
00:41:27,480 --> 00:41:29,520  
在这说180好像挺多似的  
  
1065  
00:41:29,800 --> 00:41:34,560  
之后五劳七伤，六级妇人36并不在其中  
  
1066  
00:41:35,320 --> 00:41:35,640  
呃  
  
1067  
00:41:36,230 --> 00:41:38,310  
为啥他这说了一个商科和富人  
  
1068  
00:41:38,630 --> 00:41:40,270  
这个东西在古代是分的啊  
  
1069  
00:41:40,390 --> 00:41:44,160  
我们今天你别不信这个起码有三个科  
  
1070  
00:41:44,320 --> 00:41:46,960  
最起码我虽然不是13科接通啊  
  
1071  
00:41:47,280 --> 00:41:49,570  
但起码有，其实四个  
  
1072  
00:41:49,570 --> 00:41:50,610  
但那个我不能讲啊  
  
1073  
00:41:50,610 --> 00:41:51,250  
在这不能讲  
  
1074  
00:41:51,570 --> 00:41:54,890  
起码有三个科，最起码是你用汤药  
  
1075  
00:41:54,890 --> 00:41:58,140  
你要变通不变通不行，不是说不行啊  
  
1076  
00:41:58,300 --> 00:42:03,380  
是是得变通得得顺着他的那个体用去走哪三科呢  
  
1077  
00:42:05,350 --> 00:42:07,390  
上课为啥呀  
  
1078  
00:42:08,310 --> 00:42:10,190  
扎一刀这咕咕冒血对吧  
  
1079  
00:42:10,630 --> 00:42:12,910  
你说这个叫肾阴虚还是肾阳虚  
  
1080  
00:42:13,390 --> 00:42:14,710  
别先别说那事啊  
  
1081  
00:42:16,110 --> 00:42:18,190  
礼金续断，人家自有一套对吧  
  
1082  
00:42:18,630 --> 00:42:23,200  
哎，青红两商各有各有法斗这长一雍啊  
  
1083  
00:42:23,440 --> 00:42:25,120  
你说这个我按麻药汤治吧  
  
1084  
00:42:25,480 --> 00:42:26,360  
胡闹对吧  
  
1085  
00:42:26,960 --> 00:42:28,200  
成绩都不行啊  
  
1086  
00:42:28,640 --> 00:42:30,200  
成农还是溃脓  
  
1087  
00:42:30,440 --> 00:42:34,230  
这里头各有方法，外用这个这个这个这个拔毒  
  
1088  
00:42:34,590 --> 00:42:38,590  
内用脱疮阴症还是阳正各有法度啊  
  
1089  
00:42:38,590 --> 00:42:39,270  
这是外科  
  
1090  
00:42:40,230 --> 00:42:41,030  
妇科也不一样  
  
1091  
00:42:41,470 --> 00:42:44,830  
金代胎产你别不服你大老爷们  
  
1092  
00:42:44,830 --> 00:42:46,470  
你给我弄个月经出来试试  
  
1093  
00:42:46,950 --> 00:42:47,230  
对吧  
  
1094  
00:42:47,230 --> 00:42:48,710  
你没有你就别说话了啊  
  
1095  
00:42:48,710 --> 00:42:51,350  
那这个必须得单单单独一颗  
  
1096  
00:42:51,620 --> 00:42:54,940  
你得把他的月经先调到每个月特别规律  
  
1097  
00:42:55,180 --> 00:42:56,700  
调到他该来的这一天  
  
1098  
00:42:57,000 --> 00:42:57,680  
它会变动  
  
1099  
00:42:57,880 --> 00:43:00,760  
我们门诊室有很多患者来了之后吃了药，月经就变了  
  
1100  
00:43:00,880 --> 00:43:02,000  
不在那个日子了  
  
1101  
00:43:02,320 --> 00:43:04,600  
但是它会趋于一个稳定的日子  
  
1102  
00:43:04,840 --> 00:43:05,640  
那个日子呢  
  
1103  
00:43:06,460 --> 00:43:07,900  
呃，我个人认为啊  
  
1104  
00:43:08,260 --> 00:43:09,780  
最理想化的月经周期  
  
1105  
00:43:10,020 --> 00:43:13,980  
天下所有人应该都是在阴历的15那天  
  
1106  
00:43:14,500 --> 00:43:15,980  
为啥月满则溢  
  
1107  
00:43:17,380 --> 00:43:19,620  
这是理想化模型，但是不容易  
  
1108  
00:43:19,740 --> 00:43:21,020  
你如果真能到那一天  
  
1109  
00:43:21,380 --> 00:43:23,700  
每个人你都调那天，那什么美容啊  
  
1110  
00:43:23,980 --> 00:43:26,580  
包括一些妇科问题迎刃而解都没了  
  
1111  
00:43:27,460 --> 00:43:28,900  
什么甲状腺病全没了啊  
  
1112  
00:43:29,100 --> 00:43:30,180  
卵巢病全没了  
  
1113  
00:43:30,540 --> 00:43:31,260  
明白这个了吧  
  
1114  
00:43:31,540 --> 00:43:33,860  
哎，这是咋调  
  
1115  
00:43:34,680 --> 00:43:35,320  
今天不讲  
  
1116  
00:43:36,520 --> 00:43:38,880  
往后呃，我们会说到很多啊  
  
1117  
00:43:38,880 --> 00:43:40,400  
关于这个，尤其妇人三篇啊  
  
1118  
00:43:40,400 --> 00:43:42,720  
那里头好东西多的是啊  
  
1119  
00:43:43,730 --> 00:43:47,650  
就是让你抓着你，就你得来  
  
1120  
00:43:49,090 --> 00:43:53,250  
不来不行，这搞得跟评书评书似的  
  
1121  
00:43:55,150 --> 00:43:55,470  
坏了  
  
1122  
00:43:55,470 --> 00:43:57,350  
今天好像我感觉又要压糖啊  
  
1123  
00:43:58,190 --> 00:43:59,430  
我一个不压糖的人啊  
  
1124  
00:44:00,070 --> 00:44:00,790  
讲不完了  
  
1125  
00:44:01,670 --> 00:44:04,790  
那么这个还有一科就是我说三科之中啊  
  
1126  
00:44:04,990 --> 00:44:06,110  
还有一科是儿科  
  
1127  
00:44:07,180 --> 00:44:09,220  
为啥儿科小儿纯阳之体  
  
1128  
00:44:10,180 --> 00:44:12,260  
那我问诸位啥叫纯阳之体  
  
1129  
00:44:13,720 --> 00:44:16,400  
是不是阳气足上来之后就清热了  
  
1130  
00:44:16,680 --> 00:44:20,080  
绝对不是你要那么弄你就把儿科整坏了啊  
  
1131  
00:44:20,750 --> 00:44:21,830  
纯阳之体这句话呀  
  
1132  
00:44:21,830 --> 00:44:23,270  
不知道坑了多少人啊  
  
1133  
00:44:23,870 --> 00:44:24,350  
搞得呢  
  
1134  
00:44:24,390 --> 00:44:25,390  
上来之后好多呀  
  
1135  
00:44:25,470 --> 00:44:27,790  
一给小孩用药必然是苦寒之药  
  
1136  
00:44:28,400 --> 00:44:29,600  
呃，这个是偏了  
  
1137  
00:44:29,800 --> 00:44:30,960  
纯阳之体说的是什么  
  
1138  
00:44:30,960 --> 00:44:32,360  
只有什么样的人是纯阳  
  
1139  
00:44:32,680 --> 00:44:36,310  
咱们刚才说没说过什么时候益阳生冬至  
  
1140  
00:44:37,310 --> 00:44:41,300  
当人只有他阳气是半个阳气的时候  
  
1141  
00:44:41,300 --> 00:44:42,380  
它才能够纯阳  
  
1142  
00:44:42,580 --> 00:44:43,580  
明白我的意思了吗  
  
1143  
00:44:44,300 --> 00:44:45,820  
只有纯阳说的是什么  
  
1144  
00:44:45,980 --> 00:44:48,770  
说的是小孩儿，无论是五脏六腑  
  
1145  
00:44:48,810 --> 00:44:49,610  
身体发肤  
  
1146  
00:44:49,650 --> 00:44:50,290  
四肢百骸  
  
1147  
00:44:50,330 --> 00:44:51,050  
经络关窍  
  
1148  
00:44:51,370 --> 00:44:53,290  
无时无刻不在生长  
  
1149  
00:44:53,540 --> 00:44:55,580  
名曰纯阳，说明他不全  
  
1150  
00:44:55,860 --> 00:44:58,140  
古人说这种纯阳是半个人  
  
1151  
00:44:58,790 --> 00:45:01,190  
古人讲小孩是半人，他不是整个的人  
  
1152  
00:45:01,190 --> 00:45:02,710  
他在长对吧  
  
1153  
00:45:03,030 --> 00:45:06,730  
你治病你一定要顺乎他生发的这个鸡  
  
1154  
00:45:07,010 --> 00:45:08,490  
立在这个上头去治小孩  
  
1155  
00:45:08,610 --> 00:45:10,450  
而不是哎呦，这小孩火大  
  
1156  
00:45:10,450 --> 00:45:12,010  
我先给你来三黄吧  
  
1157  
00:45:13,730 --> 00:45:16,930  
好头三副药你把伏火去掉了后三副咋办啊  
  
1158  
00:45:17,920 --> 00:45:18,240  
对吧  
  
1159  
00:45:18,480 --> 00:45:20,880  
那你至于小女孩脸上长几个痘  
  
1160  
00:45:21,440 --> 00:45:23,880  
你给她这么弄，回头宫寒  
  
1161  
00:45:25,680 --> 00:45:26,800  
那你再往回整啊  
  
1162  
00:45:27,920 --> 00:45:29,240  
那不是整错了嘛  
  
1163  
00:45:29,360 --> 00:45:29,680  
对吧  
  
1164  
00:45:29,800 --> 00:45:30,640  
不是那么弄啊  
  
1165  
00:45:31,080 --> 00:45:32,240  
所以商科  
  
1166  
00:45:33,160 --> 00:45:36,080  
妇女小孩不同，还有一科我不敢讲啊  
  
1167  
00:45:36,080 --> 00:45:38,000  
在这在这不讲，呃  
  
1168  
00:45:38,600 --> 00:45:41,240  
只能给我那个学生们讲讲  
  
1169  
00:45:41,240 --> 00:45:42,880  
那你有的人说说说  
  
1170  
00:45:42,880 --> 00:45:45,760  
那你张老师太保守了，我就保守  
  
1171  
00:45:46,620 --> 00:45:48,700  
呃，这个东西也是我要告诉大家的  
  
1172  
00:45:49,540 --> 00:45:53,360  
儒家有一个非常可贵的精神  
  
1173  
00:45:53,760 --> 00:45:55,160  
叫，要分内外  
  
1174  
00:45:56,000 --> 00:46:00,360  
内外要有别，要由内及远啊  
  
1175  
00:46:02,260 --> 00:46:04,380  
至于为什么你们去品吧  
  
1176  
00:46:04,980 --> 00:46:06,020  
一定是这样的  
  
1177  
00:46:06,700 --> 00:46:08,420  
我们的心是平等的心  
  
1178  
00:46:08,910 --> 00:46:11,910  
但这个东西你要是你说我这个我也平等  
  
1179  
00:46:11,910 --> 00:46:13,430  
那你你你是犯浑啊  
  
1180  
00:46:13,470 --> 00:46:14,720  
不是那么回事啊  
  
1181  
00:46:14,720 --> 00:46:15,440  
不是那么回事  
  
1182  
00:46:15,640 --> 00:46:19,120  
所有东西所有的因缘都有它的合理性啊  
  
1183  
00:46:19,120 --> 00:46:20,640  
都有它的合理性啊  
  
1184  
00:46:24,740 --> 00:46:25,500  
那后头呢  
  
1185  
00:46:25,580 --> 00:46:27,420  
这段就特别经典啊  
  
1186  
00:46:27,420 --> 00:46:28,860  
我建议大家把它背下来  
  
1187  
00:46:29,430 --> 00:46:30,230  
轻斜居上  
  
1188  
00:46:30,310 --> 00:46:31,030  
浊邪居下  
  
1189  
00:46:31,110 --> 00:46:34,630  
大邪重表，小斜重礼骨刃之邪从口入着  
  
1190  
00:46:34,630 --> 00:46:35,710  
这股说的就是水谷  
  
1191  
00:46:35,710 --> 00:46:38,150  
就是就是大米，五谷对吧  
  
1192  
00:46:39,030 --> 00:46:39,630  
素食也  
  
1193  
00:46:40,670 --> 00:46:41,870  
五邪众人各有法度  
  
1194  
00:46:41,870 --> 00:46:42,550  
风重于前  
  
1195  
00:46:42,830 --> 00:46:43,590  
寒重于木  
  
1196  
00:46:43,950 --> 00:46:44,550  
湿伤于下  
  
1197  
00:46:44,550 --> 00:46:45,310  
无伤其上  
  
1198  
00:46:45,510 --> 00:46:50,520  
风令脉浮寒令麦吉勿伤皮凑湿流关节  
  
1199  
00:46:51,320 --> 00:46:52,280  
食伤脾胃  
  
1200  
00:46:52,600 --> 00:46:53,360  
极寒伤静  
  
1201  
00:46:53,560 --> 00:46:54,520  
极热伤络  
  
1202  
00:46:54,600 --> 00:46:56,720  
这段我建议大家把它背下来啊  
  
1203  
00:46:57,170 --> 00:46:57,810  
非常有用  
  
1204  
00:46:57,850 --> 00:47:00,650  
在这儿能读懂的我依然不给大家解释了  
  
1205  
00:47:01,130 --> 00:47:02,170  
第14条呢  
  
1206  
00:47:02,840 --> 00:47:04,560  
我表示一下主权啊  
  
1207  
00:47:04,560 --> 00:47:07,280  
这个其实应该是伤寒论的啊呵  
  
1208  
00:47:07,640 --> 00:47:09,520  
跑金贵来了，这事不说了  
  
1209  
00:47:10,160 --> 00:47:11,240  
下头说这么一段话  
  
1210  
00:47:11,600 --> 00:47:14,360  
扶病固疾加以猝病，啥意思  
  
1211  
00:47:14,760 --> 00:47:16,320  
就是顾疾就是老病，对吧  
  
1212  
00:47:16,960 --> 00:47:18,160  
说比如说气管炎  
  
1213  
00:47:18,780 --> 00:47:19,980  
得了20年，气管炎了  
  
1214  
00:47:19,980 --> 00:47:20,980  
突然之间有猝病  
  
1215  
00:47:20,980 --> 00:47:22,300  
比如心脏突然难受了  
  
1216  
00:47:22,300 --> 00:47:23,180  
那你说先治谁  
  
1217  
00:47:24,810 --> 00:47:27,890  
哎，说心梗了之后大夫说说说心梗抢救  
  
1218  
00:47:28,290 --> 00:47:28,490  
哎  
  
1219  
00:47:28,490 --> 00:47:28,850  
别着急  
  
1220  
00:47:28,850 --> 00:47:31,490  
你先别动20年气管炎，你看我看见了  
  
1221  
00:47:31,730 --> 00:47:32,530  
先支气管  
  
1222  
00:47:33,680 --> 00:47:36,200  
那不开玩笑嘛，对吧  
  
1223  
00:47:36,240 --> 00:47:37,920  
咱是把这个问题无限的放大  
  
1224  
00:47:37,920 --> 00:47:39,400  
你就知道谁对谁错了  
  
1225  
00:47:39,640 --> 00:47:41,280  
所以这就是我们治病的一个原则  
  
1226  
00:47:41,520 --> 00:47:43,480  
先得的病我们就治先得的对吧  
  
1227  
00:47:43,850 --> 00:47:44,930  
先治眼巴前儿的  
  
1228  
00:47:45,430 --> 00:47:48,550  
先解决眼前问题，之后再解决他的老病  
  
1229  
00:47:48,670 --> 00:47:49,470  
这是一个原则  
  
1230  
00:47:49,950 --> 00:47:51,110  
别问为什么你品  
  
1231  
00:47:51,510 --> 00:47:53,460  
你细品，士曰  
  
1232  
00:47:53,700 --> 00:47:58,050  
五藏各有五脏病  
  
1233  
00:47:58,290 --> 00:47:59,130  
各有得者  
  
1234  
00:47:59,130 --> 00:48:02,490  
欲五脏病，各有所悟啊  
  
1235  
00:48:03,730 --> 00:48:06,410  
随其所不喜者，呃  
  
1236  
00:48:08,300 --> 00:48:09,540  
这块说这么一个事，儿啊  
  
1237  
00:48:11,000 --> 00:48:12,080  
你看那个这个患者吧  
  
1238  
00:48:12,080 --> 00:48:13,680  
他举一个例子来说明这句话  
  
1239  
00:48:14,040 --> 00:48:15,360  
这患者平时就不想吃饭  
  
1240  
00:48:15,960 --> 00:48:18,590  
突然之间想吃必发热  
  
1241  
00:48:19,270 --> 00:48:21,990  
其实这个发热吧，我们从哪去解释啊  
  
1242  
00:48:22,550 --> 00:48:24,790  
呃两方面，他平素就是  
  
1243  
00:48:25,230 --> 00:48:29,040  
呃，就是这这这这个不应时  
  
1244  
00:48:29,080 --> 00:48:29,400  
对吧  
  
1245  
00:48:29,800 --> 00:48:30,800  
突然之间暴食  
  
1246  
00:48:31,640 --> 00:48:31,840  
呃  
  
1247  
00:48:32,440 --> 00:48:35,920  
其实很有一种可能啊，是初中啊  
  
1248  
00:48:36,360 --> 00:48:39,600  
这初衷是是是微症，这是要出问题了  
  
1249  
00:48:39,920 --> 00:48:41,280  
它不光是一个发热的事  
  
1250  
00:48:41,560 --> 00:48:42,240  
这个发热呢  
  
1251  
00:48:42,240 --> 00:48:43,040  
它很可能  
  
1252  
00:48:43,500 --> 00:48:46,740  
呃，说的也是初中的时候一种一种状态啊  
  
1253  
00:48:47,850 --> 00:48:51,260  
呃，这个你还真别以为用不上啊  
  
1254  
00:48:51,340 --> 00:48:53,540  
我现在门诊就有一小孩啊  
  
1255  
00:48:53,540 --> 00:48:55,700  
每周都来，来了得有一个月了  
  
1256  
00:48:55,940 --> 00:48:58,380  
我劝他家长让他休学了啊  
  
1257  
00:48:58,380 --> 00:49:01,670  
家长也很配合呃初中这状态  
  
1258  
00:49:01,990 --> 00:49:04,390  
而且呢，这个是啥样呢  
  
1259  
00:49:04,390 --> 00:49:04,870  
就是  
  
1260  
00:49:07,800 --> 00:49:08,560  
食古不化  
  
1261  
00:49:09,080 --> 00:49:09,920  
顽固不化  
  
1262  
00:49:12,640 --> 00:49:13,640  
吃的饭吓人  
  
1263  
00:49:13,720 --> 00:49:15,880  
小女孩初中生，我一大麦  
  
1264  
00:49:16,000 --> 00:49:17,000  
我说她这是劳症  
  
1265  
00:49:17,280 --> 00:49:19,400  
一问每天晚上一两点睡觉  
  
1266  
00:49:19,760 --> 00:49:20,680  
呃，学习嘛  
  
1267  
00:49:20,680 --> 00:49:20,920  
对吧  
  
1268  
00:49:20,920 --> 00:49:23,320  
我说我告诉他妈，他妈很懂事啊  
  
1269  
00:49:23,320 --> 00:49:24,320  
很很明道理  
  
1270  
00:49:24,520 --> 00:49:25,240  
我说你先  
  
1271  
00:49:26,420 --> 00:49:27,820  
我就跟他说实话了  
  
1272  
00:49:27,820 --> 00:49:30,140  
我这人嘴不黑，我把孩子请出去玩去吧  
  
1273  
00:49:30,540 --> 00:49:33,540  
我说你要孩子还是要学习啊  
  
1274  
00:49:33,940 --> 00:49:34,740  
说我还是要孩子  
  
1275  
00:49:34,740 --> 00:49:36,780  
我说那让休学，这病不好治  
  
1276  
00:49:36,780 --> 00:49:38,500  
我告诉你啊，这病不好治  
  
1277  
00:49:38,700 --> 00:49:40,980  
我不知道那个医大怎么跟你说  
  
1278  
00:49:40,980 --> 00:49:42,500  
我就告诉你这病难治  
  
1279  
00:49:43,740 --> 00:49:47,280  
而且难治到就很难啊  
  
1280  
00:49:47,400 --> 00:49:51,840  
总之是是是，你可能有可能你最后是接受不了的后果啊  
  
1281  
00:49:52,890 --> 00:49:53,810  
哎，还还行  
  
1282  
00:49:53,850 --> 00:49:56,210  
调两周，现在吃东西都能消化了是吧  
  
1283  
00:49:56,650 --> 00:49:56,850  
呃  
  
1284  
00:49:56,890 --> 00:50:01,570  
但是还是欲饮食，这个叫这个不是突然之间的  
  
1285  
00:50:01,930 --> 00:50:04,250  
我们这是啥平素就不想吃  
  
1286  
00:50:04,290 --> 00:50:05,450  
突然之间明白这个吧  
  
1287  
00:50:05,490 --> 00:50:06,880  
他有一落差啊  
  
1288  
00:50:06,880 --> 00:50:08,480  
有落差，这个就不好了  
  
1289  
00:50:08,760 --> 00:50:09,960  
我那个我还能给他治  
  
1290  
00:50:10,240 --> 00:50:12,120  
因为他老那样多少年了啊  
  
1291  
00:50:13,780 --> 00:50:14,100  
唉  
  
1292  
00:50:14,180 --> 00:50:15,900  
只是他积累到啥程度啊  
  
1293  
00:50:15,900 --> 00:50:18,140  
原经一旦没了，这孩子可能也就没了  
  
1294  
00:50:18,300 --> 00:50:20,380  
说这个道理，好在是孩子年轻  
  
1295  
00:50:20,460 --> 00:50:22,500  
这要是老人你试试啊  
  
1296  
00:50:22,740 --> 00:50:23,740  
架不住一个月啊  
  
1297  
00:50:23,940 --> 00:50:25,740  
架不住一个月，好  
  
1298  
00:50:25,740 --> 00:50:26,300  
底下说了  
  
1299  
00:50:26,380 --> 00:50:27,540  
夫诸病再葬  
  
1300  
00:50:27,620 --> 00:50:28,260  
欲攻之  
  
1301  
00:50:28,690 --> 00:50:29,930  
当随其所得而攻之  
  
1302  
00:50:30,330 --> 00:50:33,210  
渴者与猪苓汤这块属于啥问题啊  
  
1303  
00:50:33,210 --> 00:50:35,410  
就是表里这块，你别想太复杂  
  
1304  
00:50:35,720 --> 00:50:35,920  
呃  
  
1305  
00:50:36,040 --> 00:50:38,280  
肾和膀胱，我们未来会说这种事  
  
1306  
00:50:38,440 --> 00:50:39,400  
比如渴者啊  
  
1307  
00:50:39,840 --> 00:50:42,850  
他这个这个肾中啊  
  
1308  
00:50:42,850 --> 00:50:45,650  
有蓄水水热互结于内  
  
1309  
00:50:45,690 --> 00:50:48,130  
咱打个比方，那你用猪苓汤开膀胱  
  
1310  
00:50:49,760 --> 00:50:51,160  
这个水热之气俱去  
  
1311  
00:50:51,600 --> 00:50:53,200  
那么这个可以以此类推  
  
1312  
00:50:53,240 --> 00:50:53,920  
打一个比方  
  
1313  
00:50:54,160 --> 00:50:56,560  
比如说脾中有积滞，咋办  
  
1314  
00:50:56,960 --> 00:50:57,840  
用胃加呀  
  
1315  
00:50:58,460 --> 00:51:00,020  
是这道理吧，诶  
  
1316  
00:51:00,300 --> 00:51:00,980  
刚刚下课  
  
1317  
00:51:01,020 --> 00:51:01,780  
我学生啊  
  
1318  
00:51:01,780 --> 00:51:04,420  
大伙儿当时也也也是看我们现场  
  
1319  
00:51:04,420 --> 00:51:06,300  
就也不叫现场看病啊  
  
1320  
00:51:06,300 --> 00:51:07,380  
就是就是闲聊天  
  
1321  
00:51:07,380 --> 00:51:08,420  
因为我看见我这学生吧  
  
1322  
00:51:08,420 --> 00:51:09,140  
我也很开心  
  
1323  
00:51:09,740 --> 00:51:10,860  
呃，正在复习考研  
  
1324  
00:51:10,860 --> 00:51:11,900  
今天不是教师节了嘛  
  
1325  
00:51:11,900 --> 00:51:12,620  
说来看看我  
  
1326  
00:51:13,020 --> 00:51:14,380  
虽然我不愿意让他来啊  
  
1327  
00:51:14,380 --> 00:51:15,420  
但是还是来了  
  
1328  
00:51:15,740 --> 00:51:17,440  
来之后，我当时跟他说  
  
1329  
00:51:17,440 --> 00:51:18,440  
我说你打个小抄吧  
  
1330  
00:51:18,800 --> 00:51:19,480  
给你吃点药  
  
1331  
00:51:19,480 --> 00:51:20,360  
吃点药，为啥呀  
  
1332  
00:51:20,840 --> 00:51:22,960  
吃点药之后你复习的好啊  
  
1333  
00:51:22,960 --> 00:51:24,080  
结果一大麦吓我一跳  
  
1334  
00:51:24,200 --> 00:51:25,720  
吃鸡了啊  
  
1335  
00:51:25,720 --> 00:51:27,480  
我告诉他时机了，说  
  
1336  
00:51:27,480 --> 00:51:28,240  
老师，那我咋办  
  
1337  
00:51:28,930 --> 00:51:30,450  
我说你吃山楂丸之后  
  
1338  
00:51:30,450 --> 00:51:32,090  
我逗学生逗逗孩子  
  
1339  
00:51:32,090 --> 00:51:33,050  
我说句啥话呢  
  
1340  
00:51:33,330 --> 00:51:34,250  
给他吓一跳啊  
  
1341  
00:51:34,820 --> 00:51:35,940  
我说，你吃完山楂丸  
  
1342  
00:51:35,940 --> 00:51:36,940  
你腰疼就好了  
  
1343  
00:51:37,540 --> 00:51:39,140  
学生一愣，说  
  
1344  
00:51:39,140 --> 00:51:40,020  
老师，对  
  
1345  
00:51:40,110 --> 00:51:41,670  
但他可没说说  
  
1346  
00:51:41,670 --> 00:51:42,830  
老师，你咋知道我腰疼  
  
1347  
00:51:42,990 --> 00:51:44,990  
平时在我门诊，对吧  
  
1348  
00:51:45,390 --> 00:51:46,470  
我孩子有见识啊  
  
1349  
00:51:47,030 --> 00:51:47,950  
见过这些东西  
  
1350  
00:51:48,440 --> 00:51:50,520  
呃，他知道老师说的肯定是啊  
  
1351  
00:51:51,360 --> 00:51:53,080  
但是我就后话我没说  
  
1352  
00:51:53,080 --> 00:51:54,000  
我说你这腰疼啊  
  
1353  
00:51:54,240 --> 00:51:55,280  
你这腰疼治治不好  
  
1354  
00:51:55,680 --> 00:51:58,560  
为啥从未来的胃为肾关  
  
1355  
00:51:59,560 --> 00:52:00,360  
就这个道理吧  
  
1356  
00:52:00,640 --> 00:52:04,760  
那么这个胃我还没告诉他从哪来从脾来  
  
1357  
00:52:05,640 --> 00:52:07,640  
这就是我没未发之意  
  
1358  
00:52:07,840 --> 00:52:08,640  
为啥从痞来  
  
1359  
00:52:08,640 --> 00:52:11,160  
我知道为啥，但在这不告诉你们啊  
  
1360  
00:52:12,100 --> 00:52:13,380  
呃，从思虑而来啊  
  
1361  
00:52:13,420 --> 00:52:14,020  
从思虑而来  
  
1362  
00:52:14,020 --> 00:52:15,140  
他想事想多了啊  
  
1363  
00:52:15,420 --> 00:52:16,300  
小事想多了  
  
1364  
00:52:16,920 --> 00:52:18,680  
呃，学习呀也是啊  
  
1365  
00:52:18,680 --> 00:52:20,120  
这个考研的时候  
  
1366  
00:52:20,120 --> 00:52:23,800  
他就是一个人生的一个很很很大的一个大考啊  
  
1367  
00:52:24,280 --> 00:52:24,480  
呃  
  
1368  
00:52:24,600 --> 00:52:25,880  
祝愿你成功啊哈  
  
1369  
00:52:26,160 --> 00:52:28,040  
祝愿你成功啊，呃  
  
1370  
00:52:28,560 --> 00:52:30,320  
我反正一般没住过谁啊  
  
1371  
00:52:30,320 --> 00:52:31,760  
也不知道能不能成功啊  
  
1372  
00:52:31,920 --> 00:52:33,560  
试试看啊，试试看  
  
1373  
00:52:34,940 --> 00:52:35,140  
呃  
  
1374  
00:52:35,340 --> 00:52:36,060  
我的学生啊  
  
1375  
00:52:36,060 --> 00:52:38,220  
这这这这几个学生都是呃  
  
1376  
00:52:38,500 --> 00:52:41,300  
我我我夸我学生有时候不矜持啊  
  
1377  
00:52:41,420 --> 00:52:44,310  
属于那种呃眼皮子浅，呃  
  
1378  
00:52:44,310 --> 00:52:46,190  
为啥我学着这帮孩子跟着我呀  
  
1379  
00:52:46,190 --> 00:52:48,070  
不容易朝九晚五啊  
  
1380  
00:52:48,110 --> 00:52:49,380  
这个，呃  
  
1381  
00:52:49,380 --> 00:52:50,060  
很辛苦吧  
  
1382  
00:52:50,100 --> 00:52:51,900  
总之他们学的好与不好呢  
  
1383  
00:52:52,340 --> 00:52:56,130  
我不我我觉得外人评价我不能评价  
  
1384  
00:52:56,170 --> 00:52:57,730  
但是他们这股劲儿啊  
  
1385  
00:52:57,730 --> 00:53:01,180  
我觉得呃，我我我认可了啊  
  
1386  
00:53:01,180 --> 00:53:01,860  
我认可了  
  
1387  
00:53:02,340 --> 00:53:03,980  
那么从这个角度来说呢  
  
1388  
00:53:04,060 --> 00:53:06,620  
大家注意这个事，五脏六腑之中  
  
1389  
00:53:07,180 --> 00:53:09,800  
其实这个都可以套用  
  
1390  
00:53:09,800 --> 00:53:11,040  
比如说肺气避孕  
  
1391  
00:53:11,320 --> 00:53:12,720  
我们可以，可不可以开大肠  
  
1392  
00:53:13,410 --> 00:53:14,370  
在伤寒论中有啊  
  
1393  
00:53:14,650 --> 00:53:17,810  
其人喘冒不得卧，是不是可以大承气汤主之啊  
  
1394  
00:53:18,330 --> 00:53:18,530  
哎  
  
1395  
00:53:18,730 --> 00:53:20,410  
再比如心脏的问题  
  
1396  
00:53:20,410 --> 00:53:24,450  
可不可以以小肠导赤散利其小便而去呢  
  
1397  
00:53:25,510 --> 00:53:27,310  
这绝对可以，包括栀子豆豉汤  
  
1398  
00:53:27,310 --> 00:53:31,150  
你看他去心火你，你放心给这人大忌的用栀子  
  
1399  
00:53:31,310 --> 00:53:32,510  
他肯定小便频  
  
1400  
00:53:34,420 --> 00:53:35,740  
就这么简单啊  
  
1401  
00:53:35,740 --> 00:53:36,420  
就这么简单  
  
1402  
00:53:36,820 --> 00:53:39,060  
呃，平利大枣泻肺汤  
  
1403  
00:53:39,980 --> 00:53:43,340  
大剂量用它一样是大便是是是非常多  
  
1404  
00:53:44,270 --> 00:53:45,270  
肝与胆为病  
  
1405  
00:53:45,350 --> 00:53:46,750  
肝郁就可以用大柴胡  
  
1406  
00:53:46,950 --> 00:53:47,750  
是不是这个道理呀  
  
1407  
00:53:48,030 --> 00:53:48,190  
哎  
  
1408  
00:53:48,190 --> 00:53:51,100  
以舒其胆目，凡此种种啊  
  
1409  
00:53:51,140 --> 00:53:55,140  
就是我们通过仲景老天师给我们举这些例子  
  
1410  
00:53:55,140 --> 00:53:56,860  
我们学他的思路啊  
  
1411  
00:53:58,090 --> 00:53:59,410  
呃好，今天啊  
  
1412  
00:53:59,410 --> 00:54:00,410  
给大伙压堂了啊  
  
1413  
00:54:00,490 --> 00:54:04,090  
压到了55分钟，并不是我素来的风格  
  
1414  
00:54:04,520 --> 00:54:05,640  
咱们下周二呢  
  
1415  
00:54:05,640 --> 00:54:07,800  
我们进入一个全新的篇目啊  
  
1416  
00:54:07,800 --> 00:54:09,280  
我个人也非常开心  
  
1417  
00:54:09,840 --> 00:54:13,200  
敬师爷脉证治第二啊  
  
1418  
00:54:13,280 --> 00:54:18,440  
这一篇我们将给大家讲这个仲景先师什么是静病  
  
1419  
00:54:19,240 --> 00:54:22,120  
怎么原因怎么治啊  
  
1420  
00:54:22,520 --> 00:54:23,480  
非常有意思啊  
  
1421  
00:54:23,480 --> 00:54:26,480  
同时期待各位呃，我们聚于一堂  
  
1422  
00:54:27,020 --> 00:54:27,860  
呃，最后吧  
  
1423  
00:54:27,860 --> 00:54:30,020  
反正这个本来不想说  
  
1424  
00:54:30,020 --> 00:54:32,300  
但是还是感谢一下我们，呃  
  
1425  
00:54:32,910 --> 00:54:35,190  
以及藏茶酒店的宋总啊  
  
1426  
00:54:35,470 --> 00:54:37,430  
给我们提供的这个场地  
  
1427  
00:54:37,510 --> 00:54:38,470  
因为这个会场啊  
  
1428  
00:54:38,470 --> 00:54:39,900  
按理说，呃  
  
1429  
00:54:40,020 --> 00:54:41,460  
昨天我跟他说说说，哎  
  
1430  
00:54:41,460 --> 00:54:41,940  
别谈钱  
  
1431  
00:54:42,580 --> 00:54:45,800  
呃，等于是他做的这个公益啊  
  
1432  
00:54:45,800 --> 00:54:48,200  
给我们就是这个这个用来讲课吧  
  
1433  
00:54:48,200 --> 00:54:49,360  
因为疫情原因吧  
  
1434  
00:54:49,680 --> 00:54:51,880  
我们学校啊，本身我有这个伤寒书院  
  
1435  
00:54:52,000 --> 00:54:54,320  
但是呢考虑到我们好多这个  
  
1436  
00:54:54,320 --> 00:54:55,840  
我的学生呢，已经毕业了  
  
1437  
00:54:55,840 --> 00:54:59,280  
就是说现在再到学校，你你进进厂啊  
  
1438  
00:54:59,280 --> 00:55:01,280  
他需要这个身份认证啊  
  
1439  
00:55:01,280 --> 00:55:03,240  
包括包括很复杂，呃  
  
1440  
00:55:04,480 --> 00:55:08,080  
考虑到这一点，我觉得还是我们自己找一个场地  
  
1441  
00:55:08,080 --> 00:55:10,600  
这样呢也没有下课铃说话呢  
  
1442  
00:55:10,600 --> 00:55:11,880  
反正也更随意  
  
1443  
00:55:12,400 --> 00:55:12,600  
呃  
  
1444  
00:55:12,960 --> 00:55:15,720  
但是呢，这个场地一开始把我也难倒了  
  
1445  
00:55:15,720 --> 00:55:18,570  
因为冷冰要讲我这特突然啊  
  
1446  
00:55:18,570 --> 00:55:20,730  
还是我们俩在一块聊天的时候  
  
1447  
00:55:21,070 --> 00:55:21,270  
呃  
  
1448  
00:55:21,390 --> 00:55:22,950  
说到这，说到我这来吧  
  
1449  
00:55:23,270 --> 00:55:23,590  
好了  
  
1450  
00:55:23,590 --> 00:55:24,990  
多功能厅给我们到处来  
  
1451  
00:55:25,350 --> 00:55:28,500  
这个要是呃人家正常用啊  
  
1452  
00:55:28,500 --> 00:55:32,080  
那就一天咱就说是你1000还是2000的问题了  
  
1453  
00:55:32,280 --> 00:55:34,400  
那我们这一堂课你要让我拿现金  
  
1454  
00:55:34,400 --> 00:55:37,280  
我说我这72学时，这也给不起啊  
  
1455  
00:55:37,280 --> 00:55:37,760  
说白了  
  
1456  
00:55:38,160 --> 00:55:40,190  
呃，就结这么一个缘法吧  
  
1457  
00:55:40,310 --> 00:55:41,150  
挺开心的啊  
  
1458  
00:55:41,430 --> 00:55:42,630  
总之我们这堂课呢  
  
1459  
00:55:42,670 --> 00:55:45,860  
在大伙儿的这个共同的努力之下吧  
  
1460  
00:55:45,860 --> 00:55:47,180  
得以正常的进行  
  
1461  
00:55:47,500 --> 00:55:48,540  
又通过这次课呢  
  
1462  
00:55:48,540 --> 00:55:49,700  
有好多好朋友啊  
  
1463  
00:55:49,700 --> 00:55:51,820  
那再次的平时见不着面了  
  
1464  
00:55:51,820 --> 00:55:53,660  
那又都能再聚一堂  
  
1465  
00:55:53,940 --> 00:55:55,140  
我呢，也非常开心  
  
1466  
00:55:55,390 --> 00:55:56,150  
我也希望呢  
  
1467  
00:55:56,510 --> 00:55:59,710  
能够通过这72学时，把我所理解的  
  
1468  
00:55:59,950 --> 00:56:02,180  
我所应用的金匮要略  
  
1469  
00:56:02,580 --> 00:56:03,660  
他的方  
  
1470  
00:56:04,040 --> 00:56:06,400  
他的正，他的条文给大家呢  
  
1471  
00:56:06,720 --> 00:56:08,400  
能够娓娓道来啊  
  
1472  
00:56:08,400 --> 00:56:10,520  
让大家来了之后不虚此行  
  
1473  
00:56:11,150 --> 00:56:12,310  
呃，有所收获  
  
1474  
00:56:12,880 --> 00:56:13,400  
同时呢  
  
1475  
00:56:13,400 --> 00:56:18,640  
也希望这个各位未来的医家和老师们啊  
  
1476  
00:56:18,760 --> 00:56:22,310  
能够秉承我们救死扶伤的这个  
  
1477  
00:56:22,310 --> 00:56:24,670  
这个就是我上次讲过一道之根本啊  
  
1478  
00:56:24,910 --> 00:56:26,950  
那么快乐的兴移啊  
  
1479  
00:56:26,950 --> 00:56:27,870  
好谢谢大家